



**ESTOTE FIDELES 1965**







29337

# ESTOTE FIDELES 1965



PRESENTED BY  
THE GRADUATES, SCHOOL OF NURSING  
ST. BONIFACE GENERAL HOSPITAL  
ST. BONIFACE MANITOBA

# My Purpose

by Henrietta Heron

To be a little kindlier  
With the passing of each day;  
To leave but happy memories  
As I go along my way;  
To use possessions that are mine  
In service full and free;  
To sacrifice the trivial things  
For larger good to be;  
To give of love in lavish way  
That friendship true may live;  
To be less quick to criticize,  
More ready to forgive;  
To use such talents as I have  
That happiness may grow;  
To take the bitter with the sweet,  
Assured 'tis better so;  
To be quite free from self-intent  
Whate'er the task I do;  
To help the world's faith stronger grow,  
In all that's good and true;  
To keep my faith in God and right  
No matter how things run;  
To work and play and pray and trust  
Until the journey's done.  
God grant to me the strength of heart,  
Of motive and of will,  
To do my part and falter not  
His purpose to fulfill.



Dear Mom and Dad,

Now I think especially of you, and of the invaluable part you have played in making today a reality.

You have spun the golden thread, carefully weaving the pattern of my life. It is in reflection of your love, understanding, patience and courage that I, as a nurse, will give service to mankind. With this may I be the fulfillment of your hopes and a constant source of satisfaction to you both.

Because you have dedicated your lives to me, it is a privilege and an honor to dedicate this book to you.

With love,  
Your Daughter





Dianne Sherritt

## Editorial

"Since what we choose is what we are  
And what we love we yet shall be  
The goal may ever shine afar  
The will to win it makes us free."

In the last three years we have met an endless number of people. Each one of them in his or her own way has influenced our lives.

We are officially finishing our student days at "St. B.". Our class has studied, played, worked, complained, and joked together. Now we are leaving with mixed emotions; proud that we have reached our long awaited goal — graduation; yet sad that we must part with the friends we have made here.

I would like to take this opportunity to thank Sr. Fleury and Miss Hejlsted for the time and assistance they have so generously given. To the yearbook staff I would like to say, "thanks", you have been wonderful. I really enjoyed working with you because you were always willing to help in any way you could. Lorri, I wish you and your staff every success next year.

I hope this yearbook brings back memories for all of you. In the years to come when you reminisce with your class mates, or pick up the yearbook as you are cleaning the attic or sit with your granddaughter on your knee, I hope you fully appreciate all that these people have done for us.

Best wishes,  
Editor

*Dianne Sherritt.*

*Please accept  
this on behalf  
of the student  
body as our way  
of saying "Thanks"*



Marilyn Chisholm

## President's Message

"Lost yesterday  
Somewhere between sunrise and sunset  
Three golden years  
Each set with a thousand diamond moments  
No reward is offered,  
For they are gone forever."

How much truth there is in this! In the past three years, opportunity was given to everyone to prepare for whatever part she was ordained to meet. The days came to you linked one to another, so that simple faithfulness today always prepared you for the duty of tomorrow. The days were like steps on a stairway, each one meant to lift your feet and make you ready for the next. If you only embrace and use your opportunities as they came to you, one by one, you will never be surprised by any sudden emergency in life, whether of duty or of trial, for which you will not be ready.

In this school of nursing, one lesson well learned led up to the next, and made it easier; and each day's lessons mastered through the years, brought graduation in the end.

To my fellow graduates — Congratulations — good luck, health and happiness. To our fellow students — put all your thought and energy and skill into the duty of each day, wasting no strength, either in grieving yesterday's failures, or in anxiety about tomorrow's responsibilities.

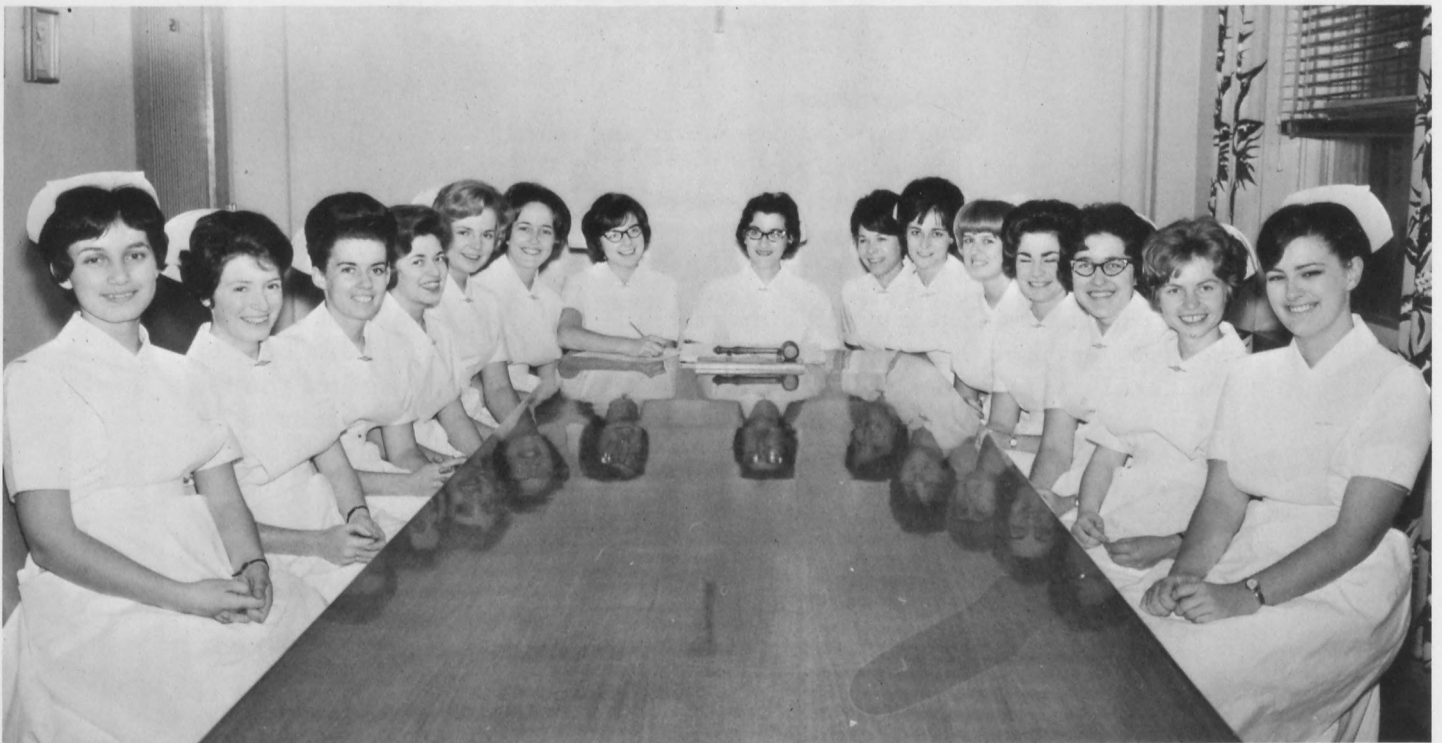
It is the wish of the Student Council that I extend to our director, faculty and fellow students a grateful "thank you" for their efforts and devotion in making a success of this past year. May I also extend to each of you my own personal appreciation. It was an honour to serve as your president.

President

*Marilyn Chisholm*



YEARBOOK STAFF: 3rd Yr. reps. — R. Batten, C. Friesen; 1st Yr. reps. — J. Greenburg, Y. McClure, S. Hunt; Editor — D. Sherritt; Layouts — C. DePape; Typing — J. Cocquyt; Assistant Ed. — F. Carriere; Business Manager — C. Scherloski; Photography — V. Safronetz. ALSO: Circulation — R. Lemoine; Humor — B. Foster; Art — J. Hawrysh; 3rd Yr. rep. — W. Gillis; 2nd Yr. reps. — L. Hotson, D. Antonation, B. Petriw; Assistants — Layouts — D. Chaput; Art — B. Cusitar; Photography — B. Petriw; Typing — D. Sanders; Business Manager — P. Smith; Humor — J. Wachal.



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# Alumnae



The Executive

Dear Graduates,

The St. Boniface Registered Nurses' Alumnae Association extends to you most sincere congratulations and wishes of success on your graduation day. May you demonstrate continued interest in your "Alma Mater" by a sense of loyalty to your Alumnae Association and by a spirit of unity among members of your graduating class.

Upon graduation you automatically become members of your Alumnae Association and, as members, have the privilege of voting and participating in the activities of the Association. We, therefore, encourage you to attend the meetings which are held at the School of Nursing in October, December, January (the Annual Meeting and Banquet) March and May.

Throughout the year your Alumnae Association sponsors the fund raising Coffee Party at the hospital cafeteria, the Spring Tea, the Sister Clermont Scholarship Awards for Graduate Nurses and the Graduation Dance for the new graduate nurses.

Since any Association is as good as its members, may you, as new graduates, bring the spirit of initiative and enthusiasm to your Alumnae Association in future years, that you have shown during the three years of the Nursing Course.

Sister A. Fleury,  
President  
St. Boniface Registered Nurses  
Alumnae Association

# Chaplains



Father Allen Soucy and Father Clayton Barclay

Dear Graduates,

"Hold the physician in honor", the Holy Scripture says, "for he is essential to you." This praise given to doctors, should also be given to nurses, since they exercise a very noble influence on individuals and on society.

Nursing is indeed an apostolic work, because it influences the spiritual life of the patient. "Look at nurses", says Pius XII, "are they not just like born auxiliaries of the clergy?"

Briefly, everything can be summarized in the two great Commandments of God: love of God and love of neighbour, the two being one and the same thing.

If you, as nurses, recognize the suffering Christ in your patients, you will learn how to find the goodness of Christ toward them. Beside the bed of the suffering Christ, you will be the compassionating Christ.

Congratulations and God Bless you in your apostolic work.

The Chaplains,  
Father Clayton Barclay  
Father Allen Soucy

# Archbishop



Monseigneur Baudoux

Dear Graduates:

Not so long ago you started training to become registered nurses.

This was for you an opportunity to develop your skills, enlighten your thinking and give new dimensions to your spirituality. It was also a chance for you to trust fully in your School of Nursing and in God. The School has offered you its best in everything and God has not counted his blessings for you.

Now the School is happy to see you live this moment of YOUR GRADUATION and wishes you the great challenges and joys the world of nursing has waiting for you.

As God sees you entering this new phase in your life, my wish is that He be with you always so that you may bring witness of His Love and His Grace for his children especially those afflicted by sickness.

Estote fideles

Chères finissantes:

Depuis longtemps déjà vous attendez ce moment de VOTRE GRADUATION. Et avec raison!

Votre joie et votre fierté sont bien légitimes et nous sommes tous très heureux de les partager avec vous en cette occasion.

Le monde de la souffrance humaine vous attend avec anxiété. Il porte sur vous des espérances écrasantes. Allez à sa rencontre avec confiance. Apportez-lui toute la générosité de votre cœur. Offrez-lui tout ce que l'école des gardes-malades a pu vous apprendre au sujet du soin des malades. Laissez la grâce du Seigneur mouler votre âme à l'image de la sienne. Partout et toujours témoignez de l'amour de Dieu pour les siens et plus spécialement pour ses malades.

Je vous bénis.  
Maurice Baudoux  
votre archevêque

# Mother Provincial

Dear Student Nurses:

During your high school days, you often pondered these symbolic words of Ulysses:

"... all experience is an arch where through  
Gleams that untravelled world, whose margin fades  
Forever and forever when I move."

As you stand on the threshold of a new life of service and dedication, may the spirit of the poet guide you on to an untiring and neverfading devotion to your ideal. You are indeed entering an untravelled world, despite the recent astounding discoveries in psychology, psychiatry, sociology, and the medical sciences.

I am happy to voice the good-wishes of all my Sisters of the St. Boniface Province when I fervently pray that you may have the grace ever

"To strive, to seek, to find, and not to yield."

Mother Rita Fortier  
Provincial Superior



Mother Rita Fortier

## Sister Superior

My dear Nurses —

Today, you have reached one goal — graduation. To each and everyone I extend my most sincere congratulations. Although you have now reached the ultimate goal, it should not be looked upon as the final purpose of your training. A true nurse has an urge and an inspiration that comes from the realization that as she serves others she ministers as a representative of God.

In this accomplishment you will be challenged to strive for new goals. Do not cast them aside but choose them cautiously keeping in mind these immortal words of St. Francis of Assisi:

Lord, grant that I may seek  
To comfort rather than to be comforted,  
To understand rather than to be understood,  
To love rather than to be loved:

For —

It is by giving that one receives,  
It is by self-forgetting that one finds,  
It is by dying that one awakens to eternal life."

Sister Lucille Gosselin, s.g.m.  
Administrator



Sister Lucille Gosselin, s.g.m.

# Director Of School



Sister A. Fleury, s.g.m.

"Education is not merely to fill the mind with other men's thoughts and to be the passive recipient of their impressions of things and the acquiescent concurren in their judgments. The purpose of learning is to enlarge our individual intelligence: we do not wish to copy a master's work but to express our own thought and feeling."

Dear Graduates:

The above quotation may be applied to the Nursing Course which you have just completed. You have acquired a special body of knowledge and specific skills which will equip you to render services as a professional nurse in any type of nursing situation.

The educational programme which you have followed is the same for each of you - but your personal response to this education is unique. This individuality must be preserved and the educational process in you should grow continuously. Further education is now, and will be, as necessary as life itself. Therefore, do not be satisfied with half measures in your aim for continued perfection of your knowledge, abilities and professional commitments.

God has given each one of you individual talents and these should be developed to the fullest extent by your own personal efforts. True education, or the enrichment of your abilities, engenders enthusiasm - and enthusiasm is communicative. It is your patients and fellow nurses with whom you come in contact who will be the beneficiaries of your good works.

"May your light shine before men that they may see your good deeds and glorify your Father who is in Heaven."

Congratulations and God be with you always.

Sister A. Fleury, s.g.m.  
Director, School of Nursing

# Attending Staff

## MEDICINE

Hughes, J.F.  
Alvi, A.W.  
Bala, M.  
Barager, F.  
Beckstead, J.L.  
Berger, S.  
Carter, S.A.  
Cera, L.J.

Coke, L.  
Downey, J.L.  
Fleming, S.  
Green, P.  
Lyons, B.H.  
Martin, J.H.  
Mymin, D.  
Maclean, J.

Newman, M.  
Rogers, A.G.  
Rusen, S.D.  
Saunders, M.  
Snidal, D.P.  
Stein, D.R.  
Vaisrub, S.  
Varnam, G.S.

## SURGERY

Burrell, R.O.  
Baird, A.  
Barwinsky, J.  
Cohen, M.  
Goldstein, P.  
Goodhand, T.  
Greenberg, L.

Hay, R.  
Hill, N.C.  
Hollenberg, J.  
Kagan, S.  
Kay, P.K.  
Lehmann, M.J.

Miller, J.  
Molgat, A.  
McGoey, J.  
Parkinson, D.  
Rabson, L.R.  
Riese, K.

## OBSTETRICS AND GYNECOLOGY

Willows, R.L.  
Adams, P.  
Barnes, P.  
Earn, A.A.

Fainman, J.  
Friesen, R.  
Mitchell, J.

McCord, W.J.  
McInnis, A.C.  
Wall, M.B.

## PEDIATRICS

DePape, A.J.  
Besant, D.F.  
Book, N.

Coodin, F.  
Davies, H.L.  
Grewar, D.

Weidman, M.  
Wylie, K.  
Young, L.

## ORTHOPEDICS

MacKinnon, W.B.  
Barker, W.

Bigelow, D.

Mills, T.

## UROLOGY

Stephenson, E.  
Abbott, C.E.

Caplan, B.  
Lippman, H.

Vann, E.

## PSYCHIATRY

Matas, J.  
Ford, K.

Grant, H.G.

Katz, P.

## OPHTHALMOLOGY

Ramsay, R.M.  
Benoit, C.  
Book, N.

Lerner, M.  
Margolis, J.  
Mendelson, J.

Milanese, C.  
McKenty, S.  
Werner, N.

# Medical Director



Dr. P. L'Heureux

Dear Graduates:

For the past three years all of you have worked seriously and with determination towards the attainment of your R.N. To some, graduation may seem like the final goal. However, most of you will know that it is but a beginning.

Your professional status, as symbolized by graduation, carries with it the responsibility for continuing your education and keeping abreast of new developments in the rapidly changing field of medical and hospital care.

Your full potential as a nurse will be realized through service; through meeting the challenge of the future with its changing techniques; through adaptation to newer and better methods of bringing the highest quality of care to all your patients.

Your short period of formal training may now be ended and you may have achieved a high mark in your examinations, but the true measure of this programme will be reflected in the stimulation which it gives to the creation of new ideas and the desire for serving which it has instilled in you.

On behalf of the Medical Staff, I am happy to offer our congratulations and very best wishes for a long and happy professional life.

P. L'Heureux, M.D.  
Medical Director

# A Tribute To The Grey Nuns

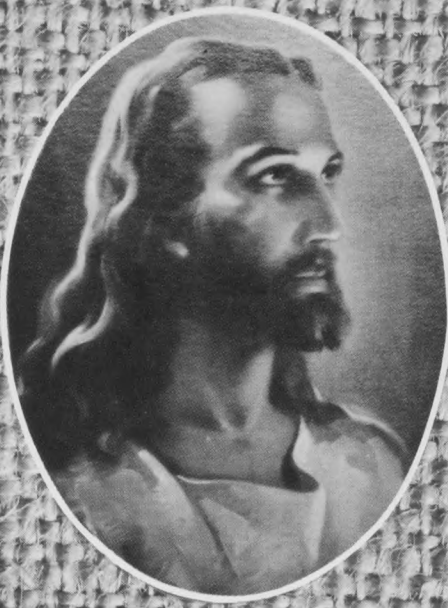


To those who have been to us a constant example of increasing dedication, fortitude, and Christian charity may we humbly say "thank you" for all you have done.

Just as our nursing education must continue to grow, so must the application of the Christian principles you have given us. Because we have been educated in a religious atmosphere, we will go forth bravely into whatever field our profession may take us. For, you have endowed us with all the requirements of truly professional people and have equipped us to meet the total needs of the individual patient.

"To toil and not to crave for rest, to labour and not to seek reward." Just as your foundress Mother d' Youville you have faced insurmountable obstacles with a spirit of persistence and determination. Your increasing spirit of devotion and dedication has been a constant source of inspiration and guidance to us.

These are the things that count. Because we have met you, our lives have been enriched. You have deeply impressed our minds and hearts. We will never forget you.



"Direct we beseech thee, O Lord,  
Our actions by thy inspirations,  
And carry them by thy gracious assistance,  
So that every prayer and work of ours,  
May always begin with thee, and by thee,  
Be happily ended."

Amen.

**AWARDS**



Medal for General Proficiency  
Presented by Dr. J.F.S. Hughes  
To Miss Gayle Burns.



Medal for Highest Standing in Theory  
Presented by Birks Limited  
To Miss Janice Rigaux.



Medal for Student Leadership  
Presented by Dr. P. L'Heureux  
To Miss Marilyn Chisbalm.



Scholarship for University Education  
Presented by St. Boniface General Hospital  
Professional Education Fund.  
To Miss Janet Handlon.



Medal for Bedside Nursing  
Presented by Dr. M. Rady  
To Miss Dianne Sherritt.

# The Valedictory Address



Claudette DePape

*"It is therefore your privilege, and I may add, your duty to be dedicated to the work thus far advanced, and into the future open a better way."*

Mr. Chairman, Reverend Sisters, honored guests, faculty members, dear parents and fellow classmates.

Our position as graduate nurses is well stated in these words. Tonight is a time to pause — to look back and to look ahead. We are all looking hopefully and expectantly to the future and what it holds for us. But what of the past?

Let us for a short moment think of the lowly sunflower. Does it not radiate an impression of our past, present and future? From its initiation into the world as a tiny insignificant seed it bears a striking resemblance to the similar initiation we have experienced. The planter has plans for the seed that some day it might radiate its brightness to all passers-by. But if it is to grow many essentials for its development are required.

Lest we forget our debt of gratitude to those very dear and special people who have made today a reality, we, the 79 sunflowers of 1965, owe to so many the fact of our presence here tonight.

Just as the seed needs protection and attention for its growth, so do we, desperately need security and love. Dear Mom and Dad, you can pick out the face of your daughter, a face which depicts the love and gratitude of your unselfish sacrifice.

As the sunflower, for a healthy growth, must build its foundation with solid roots, so must we receive the best education, that we may enter actively into making the future one which those who follow us, may review with pride. To you, Sister Fleury, our Director, and to those who assist you, we express our warmest appreciation for establishing an educational program geared to the needs of every individual. Because of your high degree of dedication to your students, we, in turn feel a high degree of dedication to our chosen profession.

The heavens open and give rain to the growing sunflower when its existence seems uncertain. We too, in the past three years have stopped to question our existence. "Who are we, what are we, where are we going and why?" The answers came slowly with the encouragement and patience of those who taught us in the classroom and in the clinical area. The hospital and medical staff, the Sisters, and especially our instructresses, helped us find the keys to unlock our potentialities for the performance of a useful work in the world. You deserve to be congratulated for your constant efforts to give us the knowledge we required. May we never cease to realize the importance of learning.

The evolution of nursing has unfolded like the magnificent sunflower. Just as it needs to be nourished, protected, and displayed if it is to be serviceable and good, so we too, need the constant guidance and supervision of our instructresses. Thank you for teaching us to think, and for equipping us to grow throughout our lives in professional service, in personal stature and usefulness as citizens.

When the sun shines, the sunflower continually turns toward the brightness, that it may absorb some of it, and in turn radiate it to others. To all those who have made residence a "home away from home", thank you for giving us so much warmth and brightness during our stay with you.

But memories of the undergraduate past cannot occupy the mind of the graduate forever, nor prevent her from indulging in long wistful looks ahead. In those alluring soul-disturbing peeps into the future, it is true that in sallying forth to find our places in the world, we have no experience, but we have an eager hopeful outlook. It is true that we lack wisdom, but we have boundless courage and a capacity for industry. It is true that we do not know all the rules of the game, but we have a firm faith in high ideals.

If, during our three years of preparation, we have learned how to work, how to concentrate on difficult problems, how to search for truth and how to make steadfast friends, the riper gifts will come of themselves, just as soon as we learn to apply the lessons of our three nursing years to the weightier problems of life.

It is important that we think of tomorrow. It is our contributions that may bend the course of the future. As we envision our future, we witness the unfolding of an entirely new concept in nursing. This is no age for the meek and fearful — it calls for all we can contribute towards inspired leadership, the reward for analytical thinking and efficient planning. As graduates, it is our duty to promote these changes and perform the more complex functions that will be required of us. Although many changes are destined to be a part of our future we will maintain the basic principles we have learned.

In our hands will be placed the visible result of our past three years — we are today where our knowledge has brought us, we will be tomorrow where further acquisition of knowledge takes us; we will receive that which we earn, no more, no less. We will become as small as our controlling desire, as great as our dominant aspiration.

As a well-known poet has so beautifully put it, we graduates could fulfill our destiny if we could really believe that — to think is the source of power; to play is the secret of perpetual youth; to read is the fountain of wisdom; to pray is the greatest power on earth; to love and be loved is a God-given privilege; to be friendly is the road to happiness; to laugh is the music of the soul; to give for the day is too short to be selfish and to work for this is the price of success.

The St. Boniface School of Nursing honors its graduates tonight. We are proud to have been a part of this school.

Ladies and gentlemen — The Graduates of 1965!

*Thanks for taking care of me,  
Mr. Alvi.*

*Claudette Hetape*



TANNIS ABRAHAM

Winnipeg, Man.

*God give me the grace to accept the things I cannot change, the courage to change those I can, and the wisdom to know the difference.*

ELIZABETH BACHINSKY

St. Boniface, Man.

*It is no great thing to humble when you are brought low but to be humble when you are praised is a great and rare attainment.*



TRUDY BARTA

St. Vital, Man.

*He who gives love with purity considers not the gift of the lover but the love of the giver.*

RAE BATTEN

St. Boniface, Man.

*He who wishes to secure the good of others has already secured his own.*



FRANCES BAUER

Shaunavon, Sask.

*Deliberate with caution but act with decision; and yield with graciousness, or oppose with firmness.*

ROBERTA BEAULIEU

St. Boniface, Man.

*Hope, like the gleaming tapers light,  
Adorns and cheers our way,  
And still, as darker grows the night,  
Emits a brighter ray.*





ELEANOR BERGMANN

Steinbach, Man.

*God gives every man virtue, temper, understanding, and taste lifting him into life, and letting him fall into the niche he was ordained to fill.*

IRENE BERGMANN

Glenlea, Man.

*This above all to thine own self be true, and it must follow as the night the day thou canst, not then be false to any man.*



AMELIA BEYKO

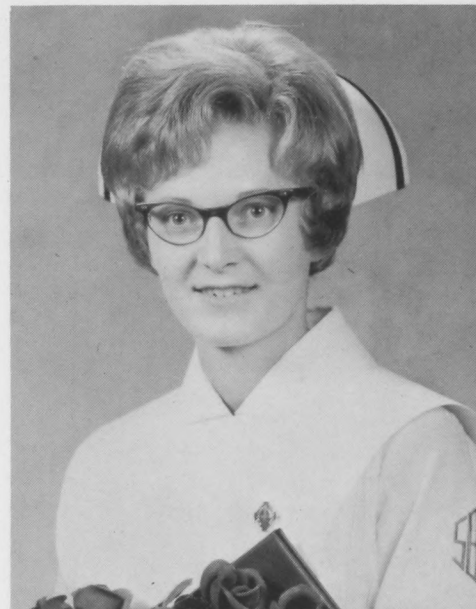
Yorkton, Sask.

*A work of real merit finds favor at last.*

CAROLYN BORN

Roland, Man.

*Life is like a grindstone and whether it wears a man down or builds him up depends upon the material he is made of.*



CAROLE BREWSTER

East Kildonan, Man.

*Cheerfulness is the off-shoot of goodness.*

JOAN BROWNING

Stony Mountain, Man.

*Burdens become light when cheerfully born.*





FRANCES BURAK

Dauphin, Man.

*It is the inclination and the tendency of the heart which finally determines the opinion of the mind.*

GAYLE BURNS

Winnipeg, Man.

*Then give the world the best you have and the best will come back to you.*



MARILYN CHISHOLM

Yorkton, Sask.

*For they conquer who believe they can.*

JUDY COCQUYT

Melita, Man.

*True merit, like a river, the deeper it is, the less noise it makes.*



CLAUDETTE DE PAPE

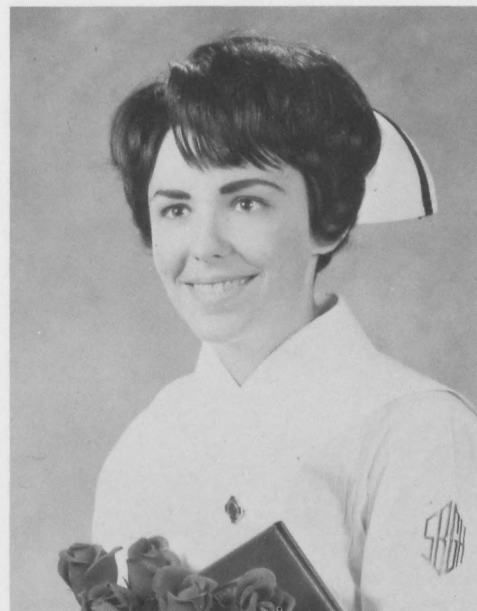
Winnipeg, Man.

*We soon tire of those pleasures we get but never of those we give.*

RHEA DUNLOP

Winnipeg, Man.

*A little nonsense now and then  
Is relished by the wisest men.*





SHELAGH DWYER

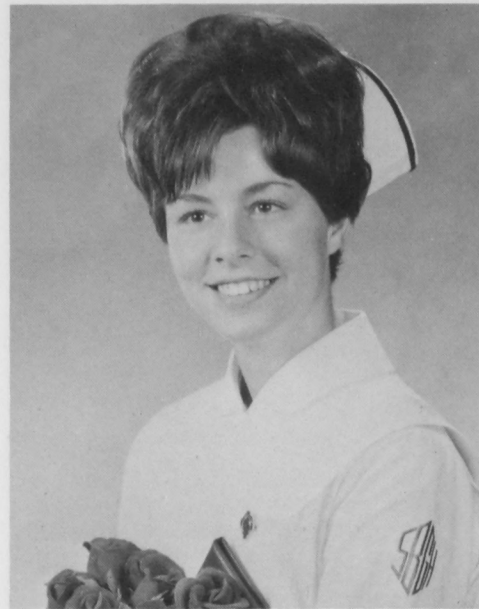
Winnipeg, Man.

*The merit of originality is not novelty, it is sincerity. The believing man, be believes for himself, not for another.*

BEVERLY EDWARDS

East Kildonan, Man.

*A laugh to be joyful must flow from a joyous heart.*



SHIRLEY ELIAS

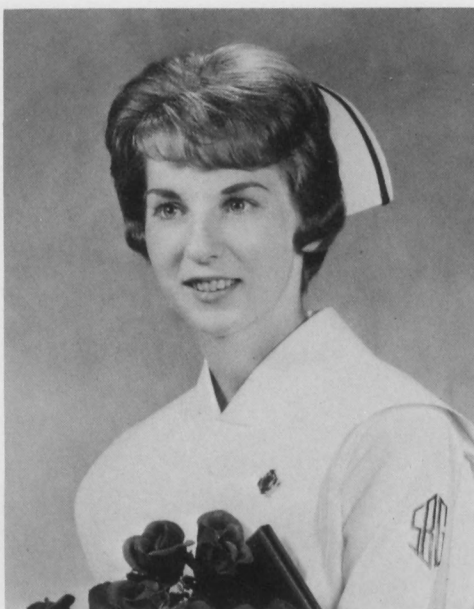
Winkler, Man.

*Dare to be true; nothing can need a lie.*

CAROL-ANN FORREST

Winnipeg, Man.

*As we are now living in an eternity, the time to be happy is today.*



ANN FOREMAN

Gilbert Plains, Man.

*Life is the art of drawing sufficient conclusions from insufficient premises.*

BERNICE FOSTER

Winnipeg, Man.

*A friend should be one in whose understanding and virtue we can confide, and whose opinion we can value at once for its justice and sincerity.*





CAROL FOUND  
Gilbert Plains, Man.

*Perfection consists not in doing extraordinary things, but in doing ordinary things extraordinarily well.*

KATHLEEN FRASER  
East Kildonan, Man.

*Nothing is impossible to a willing heart.*



CAROL FRIESEN  
Steinbach, Man.

*If I take care of my character, my reputation will take care of itself.*

ROSE-ANN GENIK  
Gilbert Plains, Man.

*What sunshine does for flowers, smiles are to humanity. Scattered along life's pathway, the good they do is inconceivable.*



LAURA GERRY  
Fort William, Ont.

*Whatever is worth doing at all is worth doing well.*

WANDA GILLIS  
St. Boniface, Man.

*The only way to have a friend is to be one.*





LINDA GOODA  
Binscarth, Man.

*There is little influence where there is not great sympathy.*



MARLENE GRAY  
Winnipeg, Man.

*The happiest life is that which constantly exercises and educates what is best in us.*



JEANNINE GUYON  
St. Boniface, Man.

*Ah, you flavour everything; you are the vanilla of society.*



JANET HANDLON  
Winnipeg, Man.

*A kind heart is a fountain of gladness, making everything in its vicinity freshen into smiles.*



ISABEL HARE  
Oak River, Man.

*It is not how much we have, but how much we enjoy that makes happiness.*



JANICE HAWRYSH  
Dauphin, Man.

*Fortune is a prize to be won. Adventure is the road to it. Chance is what may lurk in the shadows at the roadside.*



ELIZABETH HIGGS

Bowsman, Man.

*A man must stand erect, not be kept erect by others.*

MARIE JOHANNECK

Red Lake Falls, Minnesota.

*Build today, then, strong and sure, with a firm and ample base, ascending and secure, shall tomorrow find its place.*



MAUREEN KILFOYLE

St. Boniface, Man.

*Let me live in a house by the side of the road, and be a friend to man.*

LORRAINE KORCHINSKI

Hubbard, Sask.

*Think naught a trifle, though it small appear. Small sands make the mountain, moments make the year.*



LUBA KOSTYSHYN

Winnipeg, Man.

*Good nature is more agreeable in conversation than wit, and gives a certain air to the countenance that is more aimiable than beauty.*

DIANE KRELLER

Flin Flon, Man.

*Gracefulness has been defined to be the outward expression of the inward harmony of the soul.*





JUDY KUBARA  
Winnipeg, Man.

*What we hope ever to do with care, we must  
first learn to do with diligence.*



DOREEN KUHARSKI  
Neepawa, Man.

*Our deeds follow us, and what we have been  
makes us what we are.*



JACQUELINE LAPLANTE  
Winnipeg, Man.

*A little kindness shown to someone is an ever-  
lasting blessing.*



ROBERTA LEMOINE  
St. Alphonse, Man.

*The actions of men are like the index of a book;  
it points out what is most remarkable in them.*



MARGUERITE MARCHAND  
Carman, Man.

*Deeds are better things than words, actions  
mightier than boastings.*



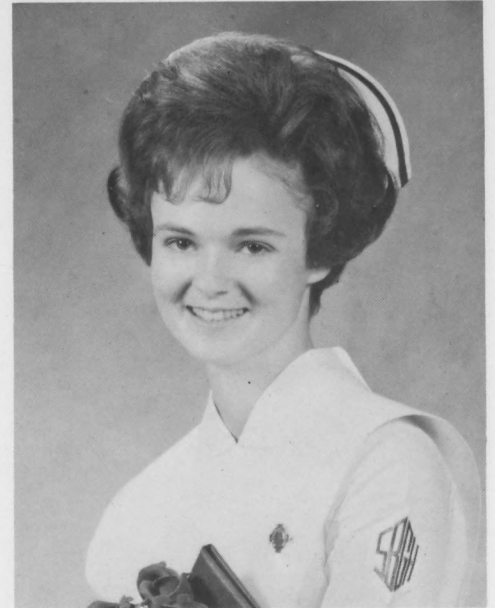
SANDRA MARGETTS  
Port Arthur, Ont.

*Wherever there is a human being there is an  
opportunity for kindness.*



MRS. SHARON MICHAEL  
Winnipeg, Man.

*As a tree spreads its branches,  
And many have their chances,  
To feel the happiness, warmth and glow,  
That many before shall always know.*



BARBARA MOTHERAL  
Oak Lake, Man.

*Happiness is like a sunbeam, which the least  
shadow intercepts, while adversity is often as the  
rain of spring.*



MRS. CAROL ORYNIAK  
Winnipeg, Man.

*The talent of success is nothing more than doing  
what you can without the thought of fame.*



DONNA PARSONS  
East Kildonan, Man.

*All love and emotions, like planets, shoot up  
most rapidly in the tempestuous atmosphere of  
life.*



LINDA PEELER  
Birtle, Man.

*In actual life every great enterprise begins with  
and takes its first forward step in faith.*



BRENDA PETERS  
Winkler, Man.

*Happiness is a butterfly, which when pursued is  
always just beyond your grasp, but which if you  
will sit down quietly may alight upon you.*



LINDA PHILLIPS

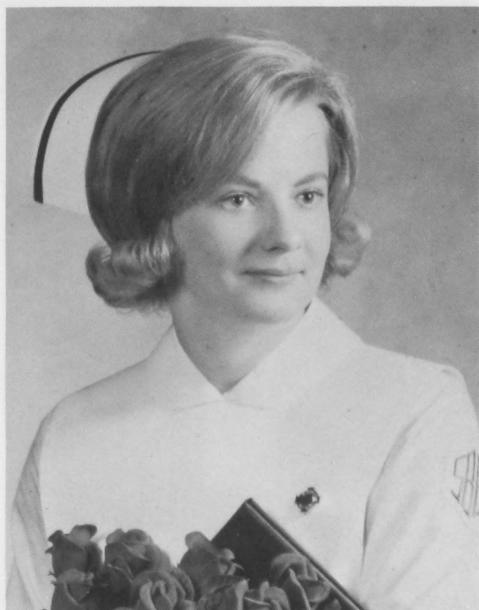
Winnipeg, Man.

*His, not mine, are the gifts, and only so far  
can I make them mine, as in giving I add my  
heart to whatever is given.*

VIOLA POETKER

Lena, Man.

*Music washes away from the soul the dust of  
everyday life.*



IRMGARD REDEKOPP

Winnipeg, Man.

*Hope is like the sun, which, as we journey  
toward it, cast the shadow of our burden upon  
it.*

JANICE RIGAUX

Winnipeg, Man.

*The reward of one duty done is the power to  
fulfill another.*



LYNN RILEY

Winnipeg, Man.

*In this world, it is not what we take up, but  
what we give up that makes us rich.*

ROSAMOND RIPERT

Winnipeg, Man.

*Ambition is the germ from which all growth of  
nobleness proceeds.*





SUZANNE RONCERAY

Somerset, Man.

*Friendship is the shadow of the evening, which strengthens with the setting sun of life.*

BONNIE ROSS

East Kildonan, Man.

*There is a strength of quiet endurance as significant of courage as the most daring feats of prowess.*



MICHELLE RUTA

Winnipeg, Man.

*Do thy duty; that is best;  
Leave unto Thy Lord the rest.*

VELDA SAFRONETZ

Roblin, Man.

*The key to happiness — let your interests be as wide as possible, your reactions to things and persons be friendly rather than hostile.*



CLARA SCHERLOSKI

Langenburg, Sask.

*Intelligence is a luxury, sometimes useless, sometimes fatal. It is a torch or fire brand according to the use one makes of it.*

ELIZABETH SCHROEDER

Gretna, Man.

*He is richest who is content with the least,  
for content is the wealth of nature.*





GEORGINA SHAKESHAFT

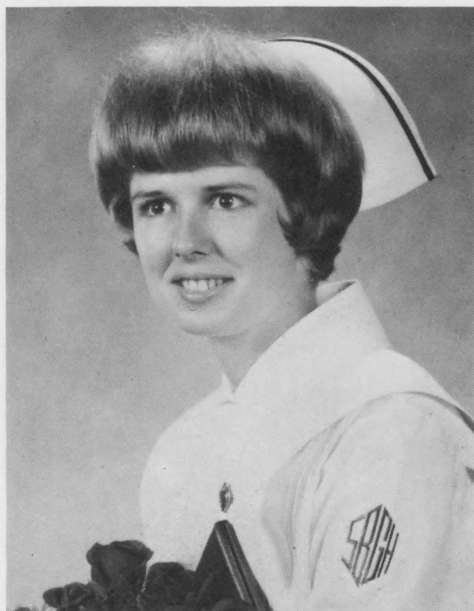
Winnipeg, Man.

*What we earnestly aspire to be that in some sense we are.*

DIANNE SHERRITT

St. James, Man.

*Charm strikes the sight, but merit wins the soul.*



IRENE SITTER

Portage La Prairie, Man.

*No man should part with his own individuality and become that of another.*

MARILYN SOLUK

Beausejour, Man.

*Good nature is the very air of a good mind; the sign of a large and generous soul, and the peculiar soil in which virtue prospers.*



MARION SOLUK

East Kildonan, Man.

*A merry heart doeth good like a medicine.*

BONNIE STROMBERG

Saskatoon, Sask.

*The conditions of achievements are always easy. We have but to toil awhile, endure awhile, believe always and never turn back.*





BEVERLY THOMPSON

Winnipeg, Man.

*Do little things now; so shall big things come to thee, by and by, asking to be done.*

ESTHER TOEWS

Morden, Man.

*I say the world is lovely,  
That loveliness is enough.*



ALMA TURNER

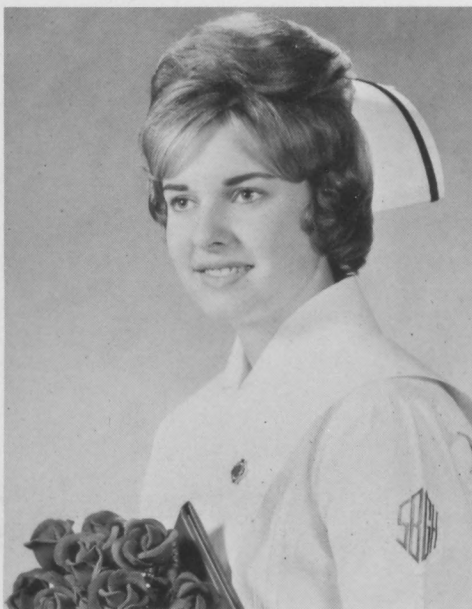
Winnipeg, Man.

*A cheerful face is nearly as good for an invalid as healthy weather.*

LOUISE VAN BENTHEM

Flin Flon, Man.

*Love sought is good; but given unsought is better.*



CAROLE VAN WALLEGHEM

St. Boniface, Man.

*That action is best which provides the greatest happiness for the greatest numbers.*

CAROLYNN WAUGH

St. Boniface, Man.

*The useful and the beautiful are never separated.*





ELIZABETH WEHRLE

Selkirk, Man.

*Most acts require long study and application,  
but the most useful art of all, that of pleasing,  
requires only the desire.*

MRS. MARGARET WHICKER

Winnipeg, Man.

*One who sows good nature reaps good friendships.*



## Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly:

To pass my life in purity and to practice my profession faithfully;

I will abstain from whatever is deleterious and will not take or knowingly administer any harmful drug;

I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling;

With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.

# End of Day

by Dorothy B. Elfstrom

Sometimes I've had the feeling  
As I watched the setting sun,  
That life was swiftly passing by  
And too soon would be done.

As I stood there filled with reverence  
At Nature's wondrous way;  
I asked myself the question  
What good have I done today?

To my less fortunate neighbour  
Did I lend a helping hand;  
Did I listen to his woes and  
Really try to understand?

Have I reached a rung that's higher  
On the ladder toward my goal;  
Have I taken out a moment for  
Communion with my soul?

Was I honest with my fellow man  
And also with myself;  
Did I admit when I was wrong,  
Putting pride upon the shelf?

Have I been a friend to those I met  
In the things I did and said;  
And when tempted to speak sharply  
Did I count to ten instead?

Did I take time out to laugh — to love —  
To think — to see — to pray?  
These are the thoughts that cross my mind  
As I watch the dying day.



# Second Year



BACK ROW: D. Nyznyk, J. Hudon, B. Fedoruk, D. Agopsowicz, B. Cusitar, M. Hill, C. Kuryk. THIRD ROW: J. Gmiterek, L. Hotson, A. Wilchuk, L. McQuat, E. Scherpenisse, M. Bubbs, L. Prince. SECOND ROW: J. Graham, D. Nairne, H. McRae, A. Prefontaine, I. Reimer, N. McGibbon, E. Misseghers. FIRST ROW: P. Ashcroft, D. Antonation, L. Rafford, D. Sanders, J. Irving, C. Camyré, D. Jutras.

DIANE AGOPSOWICZ — If music be the food of love, play on!  
DIANNE ANTONATION — Better known as "fascination" able to cope with any situation.

PAT ASHCROFT — Her happy thoughts bring health, and strength, and vigor in their train.

MONIQUE AUDETTE — Whether skies be blue or gray, she adds that ray of sunshine to your day.

KAREN BLOWERS — A friendly, athletic Miss whose favorite line is "Hey, you guys, guess what?"

MARILY BUBBS — Words are easy like the wind but faithful friends are hard to find.

JANICE CALVERLY — She's not very big, she's not very tall, but good things come in parcels small.

CAROL CAMYRE — Poor Cam, we know what shift you like working, don't we?

FLORENCE CARRIERE — This blonde vixen is a going concern on white crepe soles. A real light to our class.

SHARON CARRUTHERS — A sparkling blue-eyed blonde from London — Ontario, that is.

DENISE CHAPUT — Prim and proper, but that mischievous gleam in her eye tells all!

JANINE CHENIER — Always happy, never sad; sometimes naughty, never bad.

SHARON CHRISTOPHERSON — Has a wonderful smile, a terrific disposition and a winning way with all.

JUDITH CLARKE — Where is she? Where is she? In front of the television set of course!

NICOLE COLLETTE — Enthusiasm plus a ready smile.

BETTY COOK — A good worker and a better friend. Her sincerity and happy disposition are her greatest assets.

BARBARA CUSITAR — The only St. B. girl with mint flavored shoes, in case she puts her foot in her mouth.

ERNA DE FEHR — A thing of beauty is a joy forever.

GERTRUDE DONOHOE — Her impish smile always gives her away.

LOUISE DYCK — If you want a friend who's true, she's on your list.

LAURELLY DYCK — Romeo, Romeo, wherefore art thou, Romeo?

BARBARA FEDORUK — Whole-hearted, happy, care-free; she lives her life out joyously.

BARBARA FOSTER — "Kind of heart, pure of mind; the pot of gold at a rainbow's end, which only the sincerest find."

MARY GIESBRECHT — The innocent look is no disguise, for mischief lurks in both her eyes.

JOAN GMITEREK, alias Chester — A conscientious, reserved person, loyal to her friends, with qualities unknown to most.

JUDY GRAHAM — This is a gal who likes to laugh, and thinks of others before herself.

BARBARA HANCOCK — "Her smile is a light in the window of her soul, indicating that the heart is at home."

Compliments  
of

**W.M.G. UNIFORM CENTRE**

Fashion and Foundation Garments  
379 Portage Ave. Near Edmonton St.

CLASS OF '66 and CLASS OF '67

# Class of '66



BACK ROW: B. Hiller, L. Dyck, B. Hancock, S. Neufeld, M. Heinkel, S. Matheson, P. Smith. THIRD ROW: C. Thiesen, M. Isaac, J. Clarke, K. Ross, V. Samborski, C. Johnston, D. Chaput. SECOND ROW: L. Carriere, L. Dyck, S. Philp, J. Wachal, R. Toews, L. Lafond, L. St. Godard, B. Foster. FIRST ROW: J. Calverley, N. Collette, M. Audette, S. Schroeder, J. Kupchak, M. Novak.

MARG HEINKEL — "Efficient in manner, mischievous in thought; a better friend can not be sought."

MARILYN HILL — A girl worth knowing is this one who can smile when everything else goes wrong.

BEV HILLER — Bev, with that twinkle in her eye, oh, oh, - here comes another guy.

DIANNE HOGG — Kind to others, fun-loving, forgiving.

LINDA HOTSON — "Tomorrow and tomorrow and tomorrow" — never do today what can be left 'til later.

JANE HOWDEN — She holds the qualities of life in her heart.

JULIE HUDON — A little nonsense now and then is relished by the best of men.

DARLENE HYDE — A true friend who willingly lends a sympathetic ear; a real "go-getter" and full of good cheer.

JOAN IRVING — And thus a small treasure which is found to contain the greatest of qualities.

MARLYS ISAAC — "So prim, so swell, so nutty and so knowing."

CAROL JOHNSTON — Johnni, Johnnni, full of fire; pining for her heart's desire.

DENISE JUTRAS — Five foot two, eyes of blue, That is our Denise for you.

ELFRIEDA KRAHN — An effort made for the happiness of others lifts us above ourselves.

JOANNE KUNZ — Always good-hearted and willing to lend.

JOAN KUPCHAK — Lucky Joan! She just had an attack of am-

bition! How is she curing it? A dose of high perfection. CLAUDIA KURYK — Her philosophy — Laughter is the best medicine.

LORRAINE LAFOND — So efficient! So charming! So purely "française"!

SHARON MATHESON — A hint of dignity, a dash of mirth, a pound of common sense, and a friend of worth.

NIXIE MCGIBBON — She flirts, she winks; doctors — her delight. Life is adventure from morning 'til night.

LYNNE MCQUAT — With a heart very true; a friend through and through.

HEATHER McRAE — Heather, Heather seems so bright, Heather, Heather is, well — just right!

EILEEN MISSEGHES — For everyone she meets, she smiles with warmth expressed in pretty blue eyes!

DIANE NAIRNE — "Our little one, we all know; she is always on the go."

SUSIE NEUFELD — She gives her time and talent cheerfully to others with no thought of recompense.

MARILYN NOVAK — "She is as good as goodness is. Her acts and all her words are kind."

DONNA NYZNYK — True friends are like diamonds — precious but rare.

BORDEN PETRIW — Haste makes waste — why hurry?

Compliments of

T. EATON COMPANY

# First Year



*BACK ROW:* J. Gryte, H. Reimer, M. Neufeld, E. Derrick, J. Cardigan, S. Gammon, S. Hunt, C. Sinclair, L. Dagdick.  
*THIRD ROW:* M. Essex, L. Scotchmer, H. Voth, G. McLeod, L. Rutherford, B. Kelly, L. Rivers, M. Davidson, Mrs. I. Drenker, M. Fast, G. Boisjoli, J. Smith, J. Trenholm, L. Laurin. *SECOND ROW:* C. Hancock, L. Filipowich, E. Wiebe, L. Angers, J. Klassen, P. Hildebrand, H. Tozeland, A. Chappel, E. Cochrane, C. Soder, J. Thompson, V. Smith, S. Schnell, J. Greenberg, G. Gress. *FIRST ROW:* B. Bidzinski, L. Jutras, M. Trinder, M. Van Tornhout, J. Barker, F. Barker, L. Brandt, C. Libbrecht, M. MacBride, Y. McClure, D. Lucas, K. Munroe.

JULIA ANECA — Thank God for such a jewel!

LINDA ANGERS — She is either "annoyed" or "amused", never angry or happy.

LLOYD ARCAND — Lloyd's handsome! Lloyd's intelligent! Guess who's dictating this!!

HARVELYN ARGUE — Eyes of laughter, smiles of joy, friends who need her shout — ahoy!

FAYE BARKER — Faye's friendly and outgoing nature wins her a lot of friends.

JOAN BARKER — An outgoing personality with a heart of gold.

BARBARA BIDZINSKI — Lives from weekend to weekend. Noted for her "height". A regular "riot".

MARGUERITE BISSONNETTE — Sweet smile with an even sweeter disposition.

KARYN BLANCHARD — Top floor's "RED". Does she or doesn't she . . . . . hate me? She's quiet . . . . . if you cover your ears. Know what I mean?

GISELE BOISJOLI — Favorite saying — Why do today what I can put off until tomorrow.

LEONA BRANDT — Does not laugh at life enough to be sarcastic, but enough to remain optimistic.

JEANNETTE BRUNETTE — An "Eustacia" with humor and personality.

JANICE CARDIGAN — Janice is like "cashmere" in class, but afterwards . . . !

ANNE CHAPPELL — Appears as a sweet innocent female, but we suspect above her angelic face is found a rusty halo!!

HELEN CHUDZIK — "No matter what I eat, I never gain an

ounce!! . . . . It's just humor!"

CAROL CHURKO — Short and charming, with humor profuse, "muscle tissue" is her biggest excuse.

BETTY ANN COCHRANE — A friendly and easy going person who seems to have the knack of succeeding in all her work.

JACQUELINE COUTURE — Life ambition — to get ten hours of "beauty rest" to maintain her warm smile.

LINDA DAGDICK — Our practical joker has this famous philosophy — "Too much of a good thing is too much."

MARLENE DAVIDSON — A jovial and likeable person, is forever saying "We've got to eat those buns before they go stale!"

ELIZABETH DERRICK — Potentially energetic and ambitious, with the smile of a friend easily made and long kept.

PATRICIA DESJARDINS — One of our sweetest book worms.

MRS. ISABEL DRENKER — A quiet, studious type, whose favorite pastime is flower gardening.

VIOLA EPP — The girl who spreads her joy with bubbles of laughter.

MARILYN ESSEX — The girl with the seam-splitting laugh.

MARJORIE FAST — Not noisy enough to clatter, not quiet enough to go unnoticed.

LORRAINE FILIPOWICH — Blessed with infectious laughter, dancing ability, and many friends.

JUDITH FREEMAN — Personality of gold and ambition to match.

ERMA FRIESEN — She's always willing to help others their talents to develop.

SUSAN GAMMON — Her singing in the shower just turns the air blue. A bundle of laughter, that's our Sue.

# Class of '67



BACK ROW: L. McGregor, M. Walker, J. Henry, M. Hatch, L. Johnston, F. Larocque, H. Argue, J. Harrison, L. Morcombe. THIRD ROW: A. MacDonald, P. McBride, H. Chudzik, G. Garroni, J. Brunette, B. MacDonald, C. Mudge, C. Tobin, V. Epp, J. Couture, B. Giesbrecht, S. Speiss, J. Hamonic, C. Stewart, L. Wray. SECOND ROW: L. Arcand, L. Hildebrand, J. Petaski, M. Skoropata, P. Desjardins, L. Hordy, J. Wisniewski, M. Matheson, M. Bissonette, M. Klasen, R. Harris, M. Sala, M. Pelletier, C. Churko, D. Garrett, M. Nickel. FIRST ROW: E. Friesen, Y. Genest, J. Freeman, K. Blanchard, C. Powell, P. Lalonde, F. Vermette, C. Gauthier, J. Aneca, N. Shiedel, A. Shea, C. Lecuyer.

DOREEN GARRETT — A girl with a smile for everyone.  
 GERALDINE GARRONNI — Short and sweet with only one sorrow "no more pay cheque".  
 CLAUDETTE GAUTHIER — "Smile"!!! you're on Claudette's candid camera.  
 YVONNE GENEST — Yvonne's like a bubble bursting with a sweet energetic pop!  
 BARBARA GIESBRECHT — Friendliness is her special talent.  
 JOSEPH GREENBERG — Never without someone to talk to, this guy has quiet a personality.  
 GARY GRESS — The quiet type but a welcome addition to the class.  
 JOANNE GRYTE — Studious, yet anxiously awaits for nine and ring of buzzer to announce visitor.  
 JEANNINE HAMONIC — Will we hear her motto often enough? "Shake a leg".  
 CHERYL HANCOCK — Love stories are Cheryl's fame, for from them she plans to gain.  
 RUTH HARRIS — Ruth exists in the library, the cafeteria and spends Friday nights baking until three a.m.  
 JOAN HARRISON — Friendly, cute, lots of fun — this sleep-walker is interested in sports.  
 MARY HATCH — The really true friend who's seen but seldom heard.  
 JOY HENRY — Is a good egg, if you like them scrambled.  
 LOIS HILDEBRAND — Let's settle down and start fooling around.  
 PHYLLIS HILDEBRAND — I've got brains — but I'm saving them.

LESIA HORDY — This night owl holds open house every evening from nine to two a.m. Everyone welcome!  
 SHARON HUNT — Has personality plus.  
 LYNN JOHNSTON — Always fun, jolly, and gay; Lynn will never turn you away.  
 LISE JUTRAS — Always has a smile that is sure to please.  
 BRENDA KELLY — The one girl in a set of triplets — enjoys chocolate ice cream — but two at a time!  
 JACQUELINE KLASSEN — Is a lively young Miss with a great sense of humor.  
 ROSE KLASSEN — Dedicated to her mailbox as well as to her profession.  
 PATRICIA LALONDE — Toilet paper is the secret of Pat's neat hair.  
 FERNANDE LAROCQUE — Well liked by everyone because of her real nice personality.  
 LORRAINE LAURIN — "Better late than never" seems to be Lorraine's motto.  
 CECILIA LECUYER — That quiet girl from 203. Eats slowly, and is happy as can be.  
 CHERILEE LIBBRECHT — C for courtesy, H for honest, E for efficiency and D for darling — put them together, add "die" and you have "Cheddie" who hails from Thompson.  
 DAWN LUCAS — Does she really expect some mail or does she just like playing with the combination?  
 MALCA MACBRIDE — An ambitious, hardworking girl.  
 ARLENE MACDONALD — Signifies three W's — wise, witty, and "Woveable".

## Class '66 con't

SHARON PHILP — A bubbly, outgoing personality with an optimistic view of life. Fun and fellows are her interests.  
 ANITA PREFONTAINE — Happiness is only a by-product of successful living.  
 LAURENCE PRINCE — The hills are mute; yet somehow they speak of God.  
 LORRAINE RAFFORD — Small, but how dear to us; God knoweth best.  
 IRENE REIMER — Here's a smile for those around her. Here's a heart for every fate.  
 ALLAN ROSKY — Confidence is the companion of success.  
 KATHY ROSS — A swell friend, a fine nurse — "Muh, you'd better believe it."  
 VERNA SAMBORSKI — Sammi, Sammi, Fun and gay; plays by night, sleeps by day.  
 DIANA SANDERS — She'll search her inmost heart for you in order to recall something that will cheer and comfort when the shadows fall.  
 ELIZABETH SCHERPENISSE — Happy go lucky, heart that's

true. Here's a girl who's never blue.  
 SYLVIA SCHROEDER — Success in life is a matter not so much of talent or opportunity as of concentration and perseverance.  
 LANA SHEA — To strive, to seek, to find and to YIELD!  
 PAT SMITH — "But Pat, it's 11:30, you can't go boppin!"  
 PAT SPARKS — In this case, we suspect, where there's a "Sparks", there's fire — and laughter.  
 LYNNE ST. GODARD — Her reason for living is to make life easier for others.  
 CLARA THIESSEN — Smiling lips and flashing eyes, the mischievous look, she can't disguise.  
 RENATE TOEWS — Take one smile, one glowing personality, two willing hands, mix well — result — Renate Toews.  
 MARLENE VAN CAUWENBERGHE — One who sows good nature, reaps good friendship.  
 JUDITH WACHAL — A heart of gold and manners sweet, a dish of naughtiness, she's complete.  
 ALICE WILCHUK — A smile she always wears. A grudge she never bears.

## Class '67 con't

BRENDA MACDONALD — Daniel Grad with a pleasant personality and a cheerful disposition.  
 MARILYN MATHESON — Always laughing; never sad, sometimes naughty — never bad.  
 PATRICIA MCBRIDE — Small, but cute, a regular bundle of fun.  
 YVONNE MCCLURE — Wonder why she cries in class? Could it be that her 'contacts' bother her.  
 LORRAINE MCGREGOR — Popular and lots of fun, likes sports, cooking and boys.  
 GLORIA MCLEOD — That jolly person who always seems to be saying, "And I'm not going to bring back food this weekend."  
 LINDA MORCOMBE — Finds that the hardest part of nursing is waking up in the morning.  
 CAROL MUDGE — Anything ridiculous Carol doesn't do isn't worth doing.  
 KATHRYN MUNRO — Appears shy, but has personality plus!  
 MAXINE NEUFELD — Quiet, patient, devoted, and shy — you'd think she was an angel??  
 MYRNA NICKEL — She's here — but would you know it?  
 MARIE PELLETIER — This friendly Miss has a big heart which frequently vibrates with laughter.  
 JOAN PETASKI — Frequently seen in the library, always has a ready smile that makes meeting her worthwhile.  
 CYNTHIA POWELL — Her qualities of friendship bring her many friends sincere.  
 HILDEGARDE REIMER — Just lives for between class breaks so she can drink coffee.  
 LINDA RIVERS — Maintains a great desire for the "quiet" life.  
 LINDA RUTHERFORD — Smiling gal who hails from Holland and loves the country. She is an ardent member of the Glee Club.  
 MARIE SALA — A combination of generosity, energy and vitality, imagination and quiet, sound judgment.  
 NORMA JEAN SCHIEDEL — The innocent look is no disguise for mischief that lurks in her eyes.  
 SHARON SCHNELL — Sharon is a cutelittle lass. To whom does she write those letters we ask.  
 LINDA SCOTCHMER — A product of V.M.C. with uncontrollable energy and a heart of gold.

ANNE SHEA — Doesn't have much to say on school subjects but on others — well, that's different.  
 CHRISTINE SINCLAIR — Tall, dark and gorgeous, she's a "femme fatale" by nature and a swell gal through force of habit.  
 MARGARET SKOROPATA — Serene as a pearl with the emerald flash of wit.  
 JUDY SMITH — With her personality she'll go places.  
 VALERIE SMITH — "I'm going to sit right down and write myself a letter."  
 CAROLYN SODER — With her happy outlook on life she'll go places.  
 SHIRLEY SPEISS — One of the sweetest girls you could meet. A good listener when the topic is hockey.  
 CATHERINE STEWART — Not too shy and not too quiet, when there's fun she's a riot.  
 JOAN THOMPSON — Sit-ups, kids, is the name of the game; 10BX is her middle name.  
 CAROLYN TOBIN — A piquant curiosity about life equaled by an insatiable desire to enjoy it.  
 HEATHER TOZELAND — More bounce per ounce. Convinced that micro-organisms are out to get her.  
 JUDY TRENHOLM — A good-natured kid with that get up and go.  
 MARSHA TRINDER — Adds spice to our otherwise tranquil (???) life.  
 MARLENE VAN TONHOUT — Noise, laughter, oops! There's Mrs. Goddard. Finds being sophisticated very hard.  
 FERNANDE VERMETTE — A quiet miss, but who can tell what really goes on behind that shy smile?  
 HELENA VOTH — When she will, she will, and you can depend on it.  
 MARILYN WALKER — Quiet and reserved but who knows what lies behind that engaging smile?  
 ESTHER WIEBE — He who has health and he who has hope has everything.  
 JOSEPHINE WISNIEWSKI — A really great girl who pretends to be shy and quiet.  
 LINDSEY WRAY — Seems quiet and shy; that's doubtful tho', just give her a while and the truth will show!





*Miss Robinson*



*Mrs. Cormier, Mrs. DeMontigny, Cannon*



*Miss Bowdler*



*Dr. Alvi, Miss Merlevade*

# Assistant Director

Dear Graduates:

"Nothing is permanent in life, except change."

If this quotation is true then you have a responsibility to yourself and to society to continue your education, and contribute to and evaluate change. Present knowledge and traditions are important but only as a basis for building on in the future. Changing concepts indicate a closer relationship with the home, hospital and community, with greater emphasis on prevention, rehabilitation and the social components of illness. The truly professional nurse must have a high level of competence based on knowledge and principles. Her acceptance of responsibility should indicate that she is capable of exercising intellectual and moral judgment. This kind of judgment is not dependent on rules or formulae for guidance but the authority must come from within the professional nurse herself.

Congratulations and Best Wishes.

Mrs. V. Vermander



# Assistant in Education

Dear Graduates:

"The most valuable result of all education is the ability to make yourself do the thing you ought to do, when it ought to be done, whether you like it or not."

The world of nursing that welcomes you, graduates of 1965, is full of things, great and small, that need to be done. It takes a special kind of courage to try new ventures, to court failure on the way to success. My wish for nursing is that you may have this courage to "do the thing you have to do"; my wish for you is that you "like it".

Mrs. J.E. Gleason

*Microbiology*  
This little virus went to market.

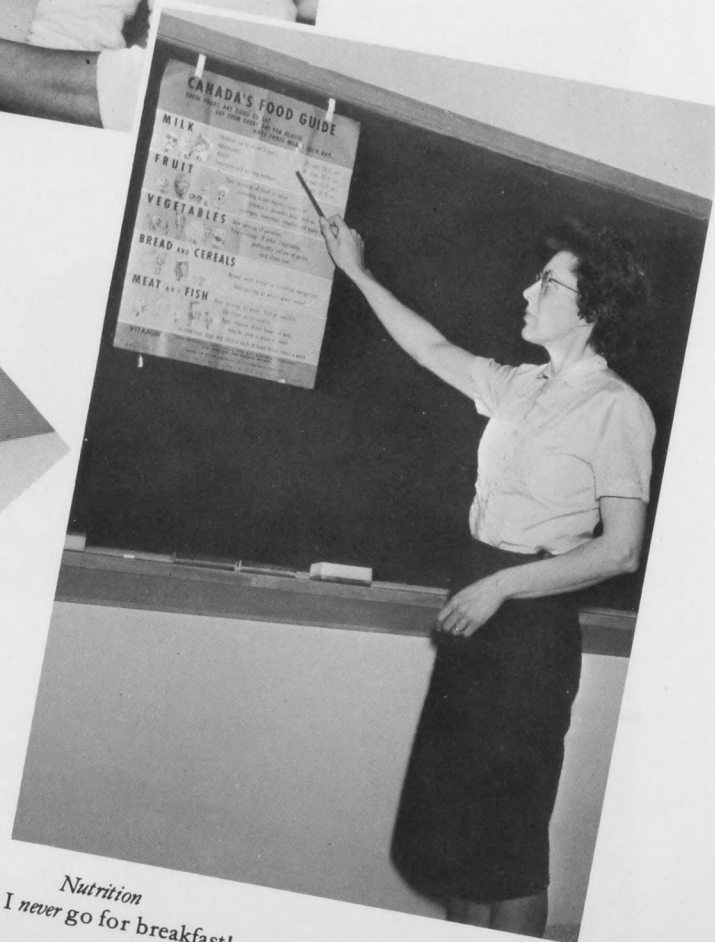


# First

*Nursing arts*  
Do you get the point?



*Nursing arts*  
What wrinkle?



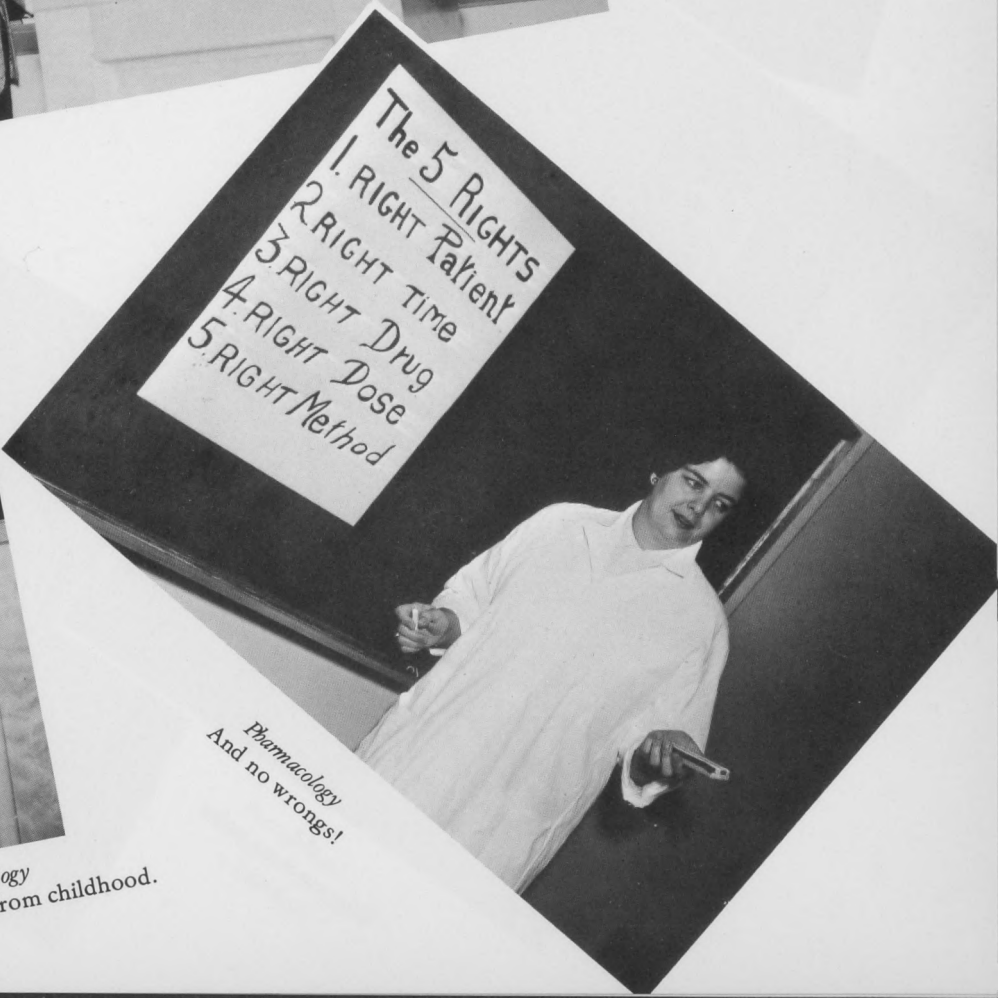
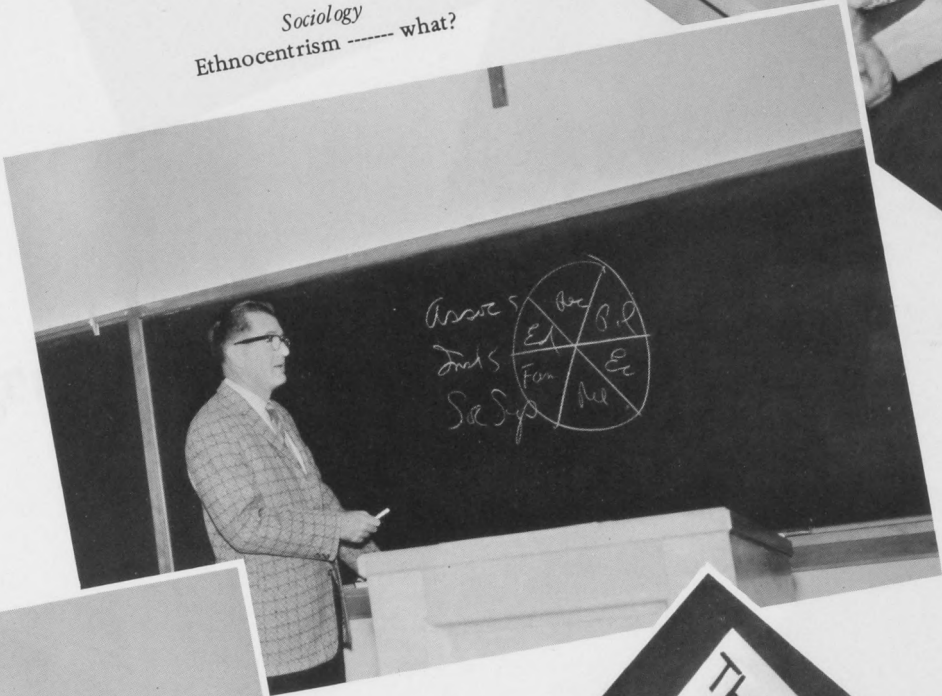
*Nutrition*  
But I never go for breakfast!

Semester



Anatomy and Physiology  
----- when's coffee?

Sociology  
Ethnocentrism ----- what?



Pharmacology  
And no wrongs!



Psychology  
----- it all stems from childhood.

5B  
Do we *nurse* the patient too?



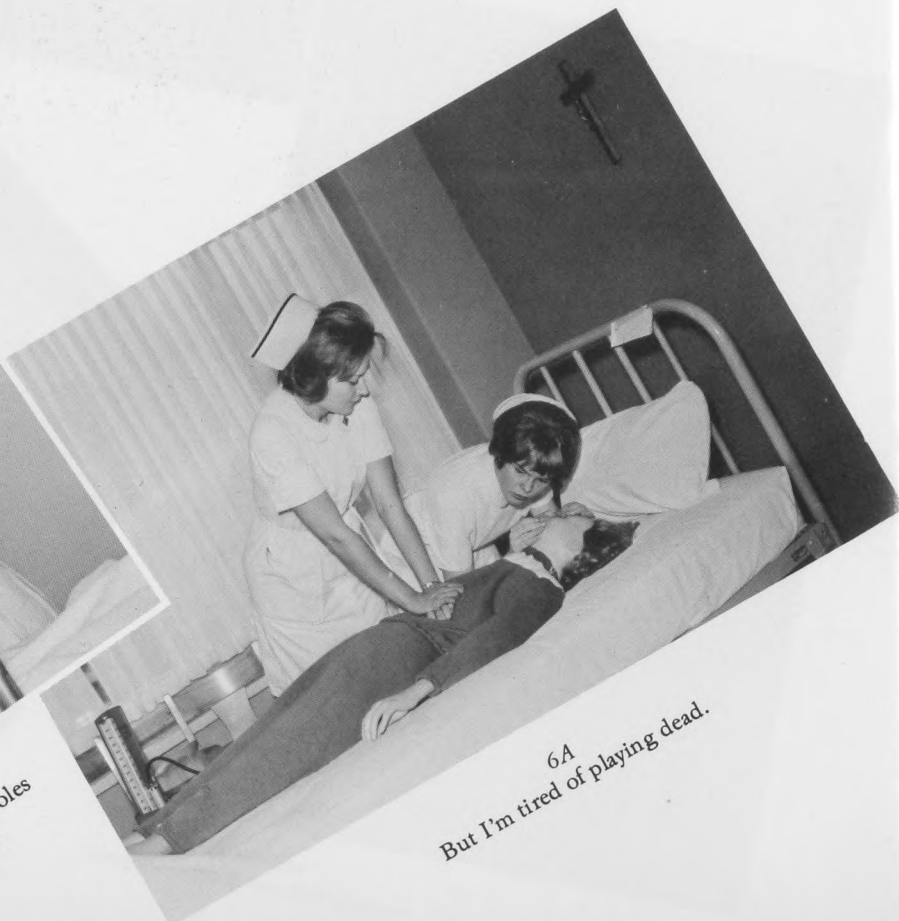
4A  
Have you ever heard of a bath blanket?



## Medicine

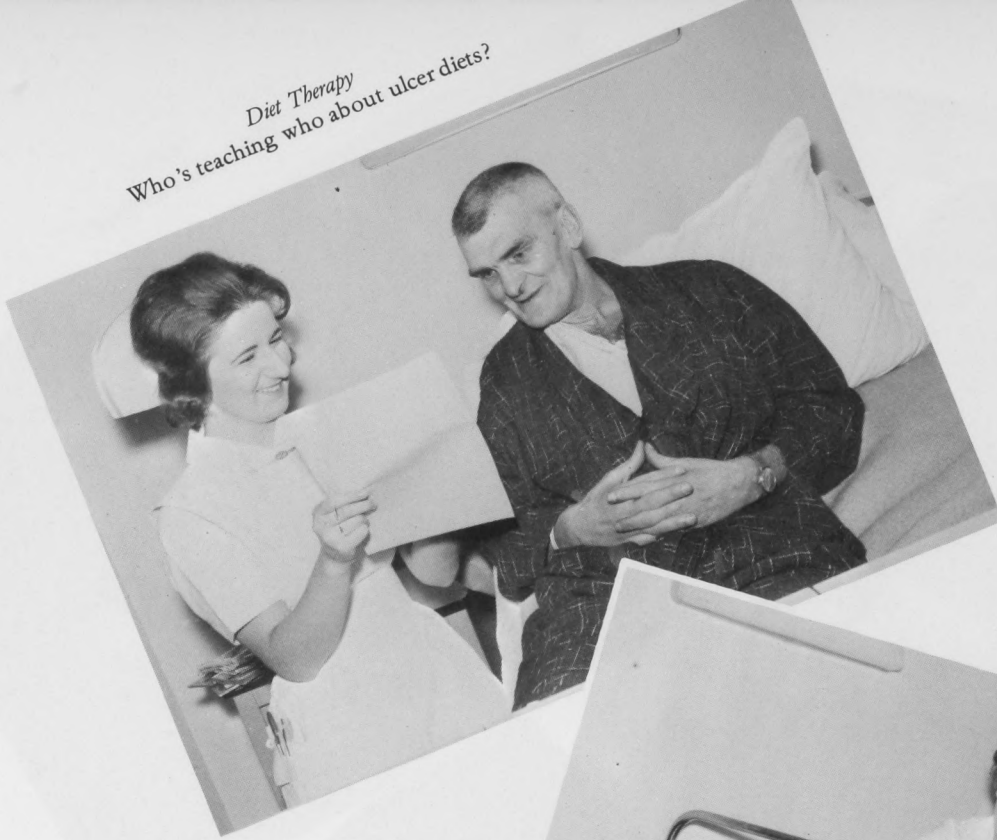


5A  
Why are these poles  
so high?



6A  
But I'm tired of playing dead.

*Diet Therapy*  
Who's teaching who about ulcer diets?



*Dressing Room*  
Mrs. Jones always has a joke.



## 'N Surgery



*4A Evenings*  
Two heads check better than one.



*Feeding Fluids*  
What goes in must come out.

8A Medicine  
Good to the very last dram!

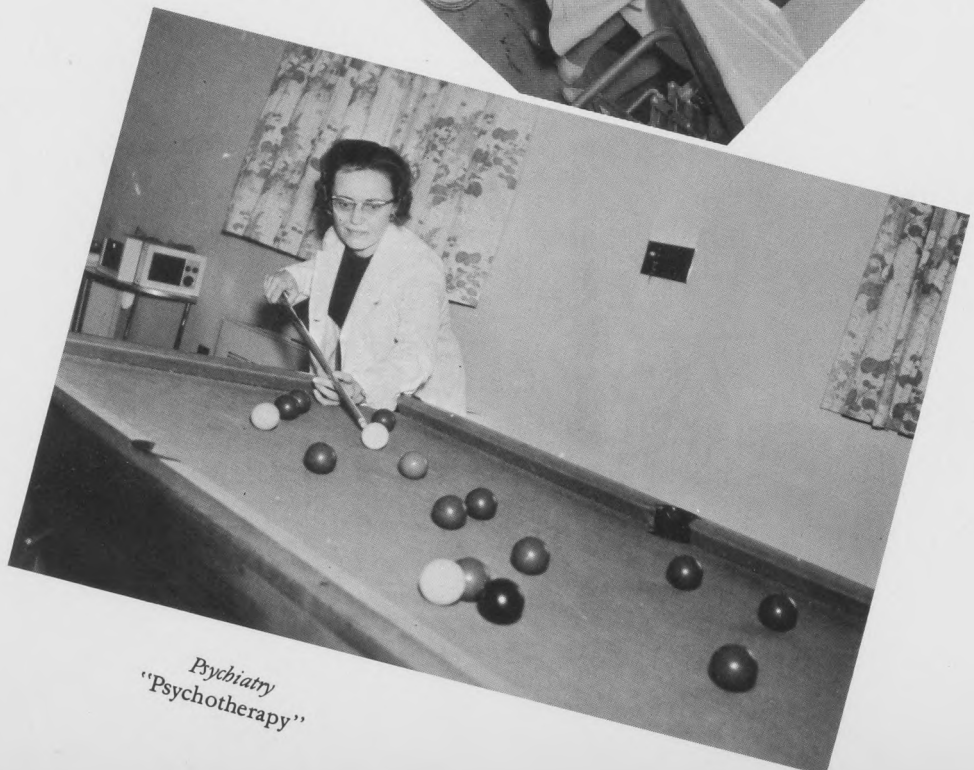


3A  
This speaks for itself.



## Second

Labor and Delivery  
Acute abdomen!

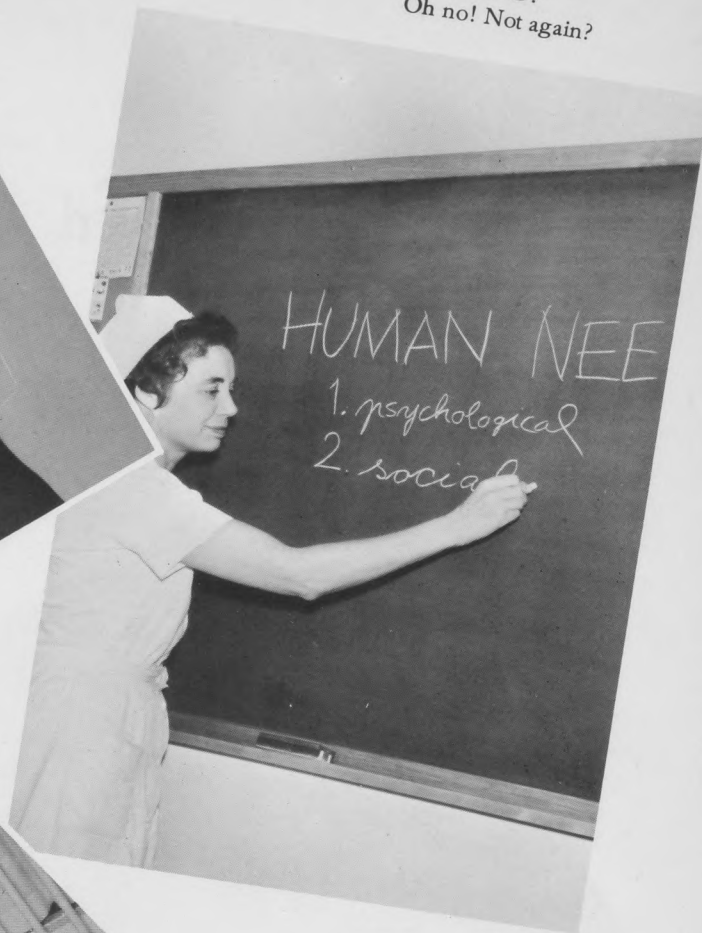


Psychiatry  
"Psychotherapy"

Nurseries  
"It's a father, I'm a boy!"



O.P.D.  
Oh no! Not again?



8 A Surgery  
This is green magic water ----

## Year



Selkirk  
Our instructors

# Third



*Post Anesthesia*  
Are you still sleeping?



*Emergency*  
"All the better to see you with my dear."



*Post Surgery*  
I wonder how it feels?



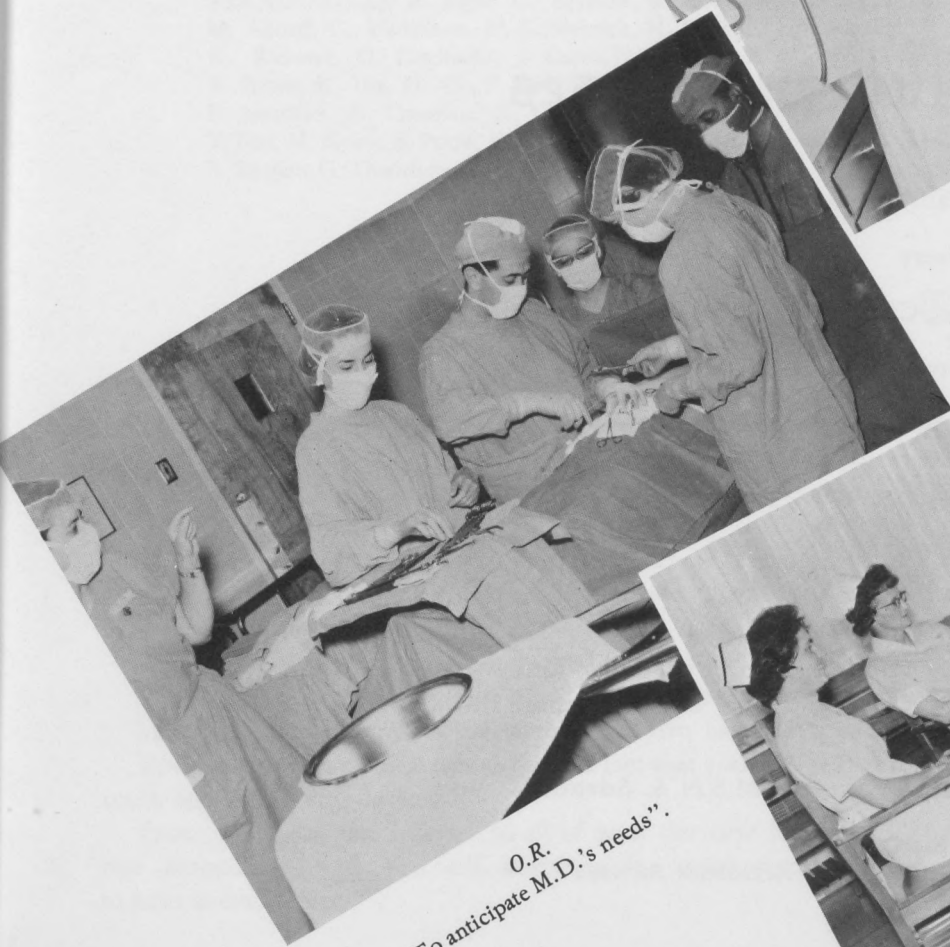
*O.P.D.*  
All this, and assignments too!



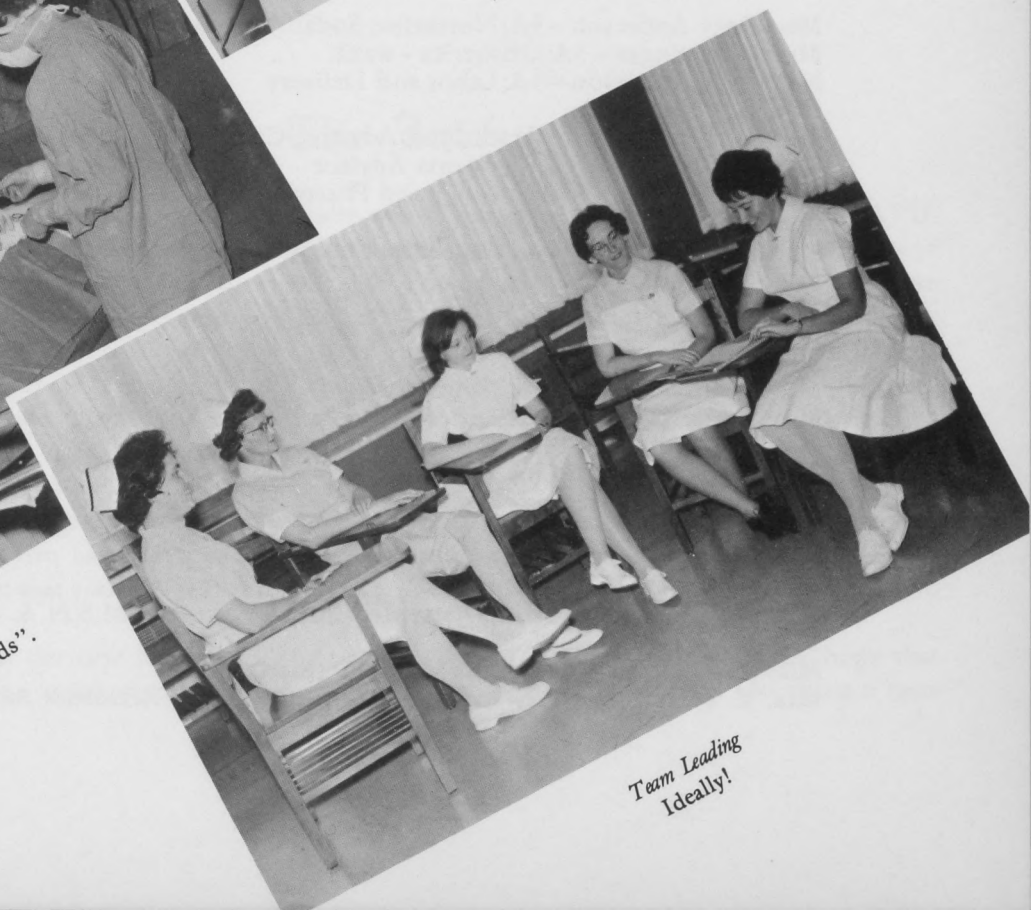
4C  
How does it work?



2B  
Do you need all that tape?



O.R.  
"To anticipate M.D.'s needs".



Team Leading  
Ideally!

Year

# Our Affiliations

## SECOND YEAR

Victorian Order of Nurses  
Notre Dame Day Centre  
Norquay Building-Dept. of Health Library  
Selkirk Mental Hospital  
Municipal Hospitals  
Portage Home for Mentally Defectives  
A. A. Meeting  
Alanon Meeting  
Nassau House  
Canadian Mental Health Association

## THIRD YEAR

Canadian National Institute for the Blind  
A Dentist's Office  
Dog Laboratory  
Deer Lodge Hospital  
Provincial Public Health Nursing  
City Public Health Nursing  
Indian Health Services-Fisher River  
Day Nursery Centre  
The Society for Crippled Children and Adults  
Hudson's Bay Company, Health Bureau  
Canadian National Railways, Medical Clinic  
The Young Men's Christian Association, St. Vital  
Canadian Arthritis and Rheumatism Society  
The Manitoba Cancer Treatment and Research Foundation  
Care Services

# Our Instructresses

Miss Betty Anderson—3A; Nurseries; Sodality Advisor  
Miss E. Pottinger—3A; Obstetrics - ward.  
Mrs. S. Thorarinson—3A; Labor and Delivery  
Mrs. G. Green—6A  
Mrs. M. Musyka—6A; Graduation Advisor; C.S.N.O.  
Miss V. Brown—P.S.S.R.; Sports Advisor  
Mrs. J. Burrows—Microbiology and Pharmacology, Medicine and Surgery  
Mrs. E. Carroll—Evenings  
Mrs. P. Derewanko—Nursing Arts, Medicine and Surgery.  
Mrs. D. Fast—5A; Senior Block  
Miss G. Harder—Psychiatry; Cultural Advisor  
Miss B. Hejlsted—O.P.D.; Yearbook Advisor  
Miss F. Konik—5B  
Mrs. R. Lavitt—O.R.; Social Advisor  
Mrs. H. Lemoine—8A; Pediatrics  
Miss P. Roney—8A; Pediatrics, Music Advisor  
Miss H. Quessy—8A; Pediatrics  
Mrs. E. Leus—Emergency Department  
Miss E. Martin—Anatomy and Physiology; Medicine and Surgery, Senior Block, Public Relations Advisor  
Miss E. Richmond—2B; E.E.N.T.  
Mrs. G. Toombs—Nursing Arts; Medicine and Surgery, M.S.N.A. Advisor  
Miss J. Reid—4A  
Miss R. Stockley—4C; Communicable Diseases  
Mrs. Y. Vermander—Assistant Director, Senior Block; Residence Advisor

# The Interns



*STANDING, Left to Right:* G. Bristow, V. Jacob, V. Ramchandran, S. Nayak, G. Dyck, R. MacDonald, E. Chamley, M. Alford, G. Maddison, H. K. Merrick, H. Furuiye, J.D. Young, W. Jacyk, R. Pe, M. Abbott. *SEATED:* R. M. Letts, K. Webster, D. Zeglinski, J. Cases, N. Matuk, M. Chudy, E. Laurent, H. Dubo. *ALSO:* P. L'Heureux, S. Ghatan, E. Puttee, K. Ho, M. Oz, P. Rich, P. Pieron, L. Peddle, M. Hufana, T. Reyes, K. Kaboli, M. Tan, J. Lim, C. Khanna, P. Strachan, R. Gusman, R. Casile, K. Sun, O. Turnacioglu, G. Hollo, H. Lander, M. Lontok, F. Tang, L. Argue, Y. Tsai, M. Kyaw, E. Poon, H. Edwards, V. Girgenti, J. Gobeil, J. Graf, T. Green, D. Meyer, G. Mohamed, M. Peikoff, S. Rogers, G. Theodore, G. Welch.

## Open Letter From The Interns

You have made it! That grand day of corsages and pay raises has finally come; the end of slave labor—CONGRATULATIONS. You have jolly well earned them, too! Amazingly enough there are no grey hairs or atrophic wrinkles as you may have feared, nor are there jaded personalities and convictions as parents and friends may have feared. There are, I suspect, some red hands, sore feet, and blurry eyes among you. And bless you, you didn't turn into cold sterile pieces of hospital furniture either.

The product resulting from these past three years is quite a choice one. You not only are first rate nurses and grade A-1 women (as exemplified by the warmth, kindness, and gentleness with which you administer a 5-Handed procedure ) but you have gained a great wealth spiritually and materially.

The spiritual wealth is best described by Sir William Osler in one of his addresses to a class of graduating nurses: "The eyes of your souls have been opened, the range of your sympathies has been widened, and your characters have been moulded by the events in which you have been participators during the past years."

Your material wealth arises from the fact that you are registered nurses. You now have the "means" with which to reach any "end" you desire.

From all of us, the Interns, to all of you, the new Registered Nurses, we add to our congratulations the hope that our association with you will continue for many years to come. The past few years have been far too short a time to have known you.



Main Kitchen



Central Supply



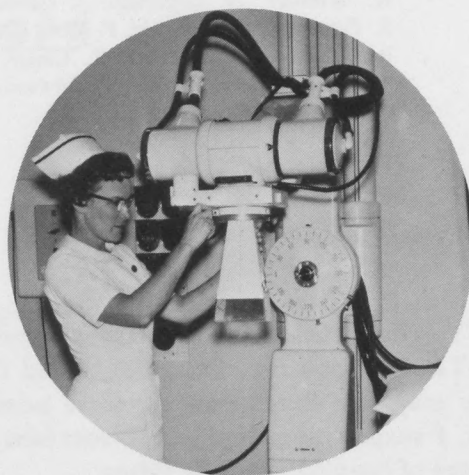
Pharmacy



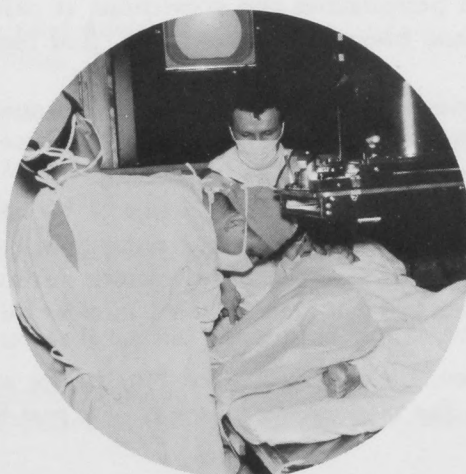
Physiotherapy



Laboratory



Radiotherapy



X-Ray



## Nursing Service

Mrs. H. Craning  
Miss H. McHale



## Administration

Mr. R. A. White

## Head Nurses

Miss H. Wiens - 7A  
Mrs. H. Black - 5A  
Miss M. Harms - 3A  
Miss L. Cadrain - 4B  
Mrs. S. Thomas - 4C  
Mrs. L. Fraser - O.R.  
Mrs. E. Fairbairn - 4A  
Miss C. MacDonnell - 3A  
Miss M. Bissonette - 5C  
Mrs. B. Lamoureux - 6A  
Miss D. Christopherson - 5A  
Mrs. E. Levacque - O.P.D.  
Miss M. Olson - Emergency  
Mrs. J. Glowacki - 8A  
Miss J. Tidsbury - 5B  
Miss L. Hruska - 8A  
Miss R. Hoorne - P.S.  
Mrs. G. Clarke - 3B  
Mrs. R. Brown - 2B  
Miss B. Venus - 3A  
Miss T. Magne - 6A



## Inservice Education

Mrs. R. Beeman  
Mrs. K. DeJong



## Coordinator of Student Practical Nurses Education

Mrs. M. Isbe

## There Are Two Sides To Learning

### The Funny Side

#### A "PROBIE" ON WARDS

- 5:30 A.M. — Out of bed in hopes of getting my uniform on by seven o'clock.
- 6:30 A.M. — Bleeding fingers from safety pin jabs and stubborn buttons; creased uniform from desperately trying to tie my shoelaces AFTER putting on my uniform unstarched cap from constant straightening with sweaty hands.
- 7:00 A.M. — One gulp of "rubbery" coffee, half a piece of dry toast, five cigarettes.
- 7:30 A.M. — "Which one is the drawsheet??" "This end up??" "He needs a COMPLETE bath?!?"
- 9:00 A.M. — Time for a bedbath. Off to the utility room to fill my basin. WHAT patient's bathroom? In his room? OH. Open the little door . . . Into the little room . . . no lights?? . . . You're kidding! THE CLOTHES CLOSET!!! Embarrassed?
- 10:00 A.M. — T.P.R's. . . WHICH end goes into her mouth?? Take the pulse? . . . WHAT pulse?? . . . I'll find it if I let the blood circulate into her hand again?? OH!
- 12:00 A.M. — Lunch? Cigarettes and fingernails.
- 2:00 P.M. — Well, ALL Derma-cool is in Fleet bottles and since this IS a Fleet bottle, I thought...!!
- 3:00 P.M. — Charting. Be precise. With my vocabulary??
- 4:00 P.M. — Back in bed. A future R.N.—varicose veins, bloodshot eyes, throbbing head, and all!

By A Student Nurse  
C. Libbrecht

### The Serious Side

#### TRY AGAIN

When things go wrong don't think that all your work has been in vain;  
Perhaps it's all been for the best—so smile—and try again.  
It may be that your failure proves to be the magic door,  
That leads you to a happiness you never knew before.  
You may be weakened in the fight, but not defeated yet.  
It's no use wasting precious time in tears and vain regret.  
Stand up and face the world again, and if you keep in view —  
The high goal of your greatest hopes — your dreams will all come true.  
Draw wisdom from your old mistakes — and courage from your pain,  
And then some day you'll say, "Thank God, I dared to try again."

To all the wonderful nurses,  
Night and Day, for your  
yearbook.  
From — A Patient





#### LINEN ROOM

Miss A. Peterson, Mrs. I. Comeault, Miss V. Carriere



#### CAFETERIA

Mrs. F. Lemoine, Miss B. Courcelle, Miss P. Lafrance, Mrs. A. Hannah, Mrs. J. Boulet

A sincere thank-you for all your efforts which made residence our home away from home.



#### DESK LADIES

Mrs. J. Kosolofski, Mrs. M. McKay, Mrs. E. MacDonald. Also: Mrs. L. Patry, Mrs. M. Kunzman, Mrs. M. Labossiere, Mrs. C. Lapointe, Mrs. G. Massicotte.



#### HOUSE KEEPING

Mrs. N. Susik, Mrs. V. Magill, Mrs. J. Sawicki, Mrs. M. Kaluznick, Mrs. H. Hajek, Mrs. E. Chester. Also: Mrs. G. Demaré, Mr. J. Leclere.



## Sodality

Sodalist, Carol Johnston with some other members. Functions — weekly meetings with a monthly guest speaker.  
 —gave Christmas hampers to the poor.  
 —field trips to other parishes and shrines.  
 —March was mission month in aid of African Hospitals.

## N.C.F.

Nurses' Christian Fellowships, Leader Brenda Peters with some members. Aim — "To know Christ and to make Him known." This is an interdenominational student group.

- meets informally every Thursday 6-7 p.m.
- began year with Probie Welcome Party in September.
- regular Bible studies, buzz sessions, discussions.
- guest speakers, Mission centered meetings.
- musical meetings, worship services.



## C.S.N.O.

Leader Jeannine Guyon with some members.

- Catholic Student Nurses' Organization consists of ten groups, each being in charge of one monthly meeting and one fund raising project.
- meetings: a skating party, the Living Rosary, guest speakers.
- fund raising projects: a book sale, raffles, a spaghetti supper, a Christmas sale.
- Christmas hampers to the poor.



# Glee Club

Head of Glee Club, Esther Toews with some members. Director, Mr. Kerr Wilson

- practise every Monday 6-7 p.m.
- Christmas carolling at S.B.G.H. and sang at Christmas Party.
- Spring Concert in May.
- sang at Fellowship Club in May.
- sang at Graduation in September.



# M.S.N.A.

Leader, Bonnie Stromberg and some members. Provincial President, Shelagh Dwyer.

- monthly meeting with programs of Hootenannies, guest speakers, volleyball tournament, swimming party.
- annual Valentine Formal was at the Marlborough Hotel in the Skyview Ballroom.
- Rummage Sale in April to raise funds for bursaries.
- election of the new executive was in May.



# Public Relations

Committee Head, Jacqueline Laplante.

- reported and entered news events in the Intercom.
- took students who were interested in hospital work on tours.
- co-operated with the M.A.R.N. in these tours.

# Residence

Committee Leader, Marie Johanneck with a member.

- began forfeiting of overnight passes as penalties instead of signing in at 9 a.m.
- library monitoring system by the students in an attempt to prevent missing books.
- Fire Prevention Month (April) with a fire drill in the spring.
- established "In and Out" system at the front desk.
- drink and pastry vending machines were put in the recreation room.



# Cultural

Linda Phillips with one of her committee members.

- ushering at Playhouse Theatre.
- ushering at the Winnipeg Auditorium.
- Complimentary tickets for the students for M.T.C. productions.
- Travelogue on Hawaii, Jamaica, Continental Europe, by the Atlas Travel Agency.
- display of shoes from H.B.C.
- display of pictures from Winnipeg Art Gallery.
- tour of the Parliament Buildings.

# Special Task

Claudette DePape with some of her committee members.

- the sale and ordering of personalized Christmas cards.
- the display and sale of school jewellery.
- the display and sale of school sweaters, sweat-shirts, pennants and duffel bags.





## Social

Irene Sitter with some of her committee members.

- Garden Party in September to welcome the incoming new students. Food was provided by the Sisters and entertainment was by the senior students.
- Initiation for the Probies was in the form of Kangaroo Kourt.
- then came the Engineers' Dance, our Annual School Dance, Stunt Night at United College, and Agricultural Diploma Dance.
- the Christmas party gave the interns a new look as "Santa and his Helpers."



## Graduation

Gayle Burns and her committee members. Cooperation and hard work produced;

- beautifully engraved invitations printed by Inter-Collegiate Press.
- Graduation uniforms are the handwork of C.N.I.B.
- Our long awaited roses were arranged by St. Boniface Florist.
- Barney Charach of Paramount Studios is clicking the shutter for Graduation activities.



## Sports

Beverly Edwards and some of her committee members.

- curling every Sunday from 5 to 7 p.m. at the St. Vital Curling Club.
- volleyball practice every Monday night with our coach at Norwood United Church.
- won the M.S.N.A. Tournament at Children's Hospital in February.
- baseball practice every Monday night in the summer. Had an exhibition game against the interns (we lost).
- tennis and outside volleyball in the summer.



"Pierre's"



No smokes.



"Clara's."

Dear Dad:

Gue\$\$ what I need mo\$t of all? That'\$ right.  
\$end it along. Be\$t wi\$hes.

Your \$ally.



No Crest.



No clothes.



No chairs.

Dear \$ally:

Nothing much ever happens here. We kNow  
you like training. Write us aNOther letter aNOn.  
Now we have to say goodbye.

Love Dad.

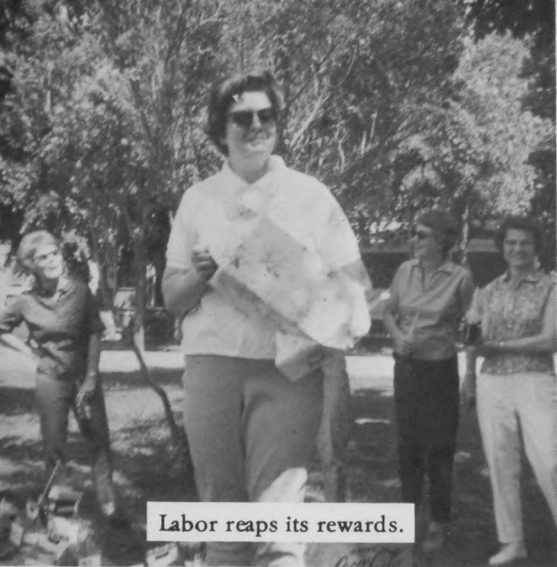
No friends.



No soap.



No mail.



Labor reaps its rewards.



Happy Yellow Bands to you.



Venez avec moi!



Girls' night out.



St. B. Jamboree.



Sayonora



Selkirk



Bring forth the guilty.



Tommy's first steps.



9 out of 10 doctors wear plain socks.

# Pre R.N. Dis-ease

## Incidence:

- Usually reaches epidemic proportion anytime between January and September of the year of examination.

## Age Group Involved:

- Student nurses in their senior year of nursing education.
- Symptoms may be precipitated by N.L.N. achievement tests previous to actual writing of R.N. examinations.

## Clinical Manifestations:

- Cyanosis of the (R) index finger from pressing the panic button.
- Frayed nerve endings for above reason.
- Frayed ends of hair from pulling at same.
- Dark circles under eyes from worry and loss of sleep.
- Frantic study in the library or any convenient corner that will hold one student with one book. This may occur day or night, on or off duty.
- Complete rejection of assignment from any nursing department despite the fact that it may make further study in this area easier at a later date.
- Denial of responsibility for any work which may contribute to the general learning process.
- Transfer of this responsibility to scapegoats called instructors.
- Rapid accumulation of facts. This symptom lasts for a shorter period than all other symptoms and may not be noticeable in the majority of cases.
- Rejection of any new material that may occupy the space reserved for re-shifting of material learned over previous two and a half to three years.

## Diagnosis:

- Clinical observation of a large number of patients.

## Treatment:

- Prevention is most N.B. as in many other disease. It consists of a well balanced diet of study, work with recreation and determination throughout the period of education.
- An increased diet of studying is recommended at the onset of symptoms but there is a danger of overdosage.
- A bland diet consisting of regular scheduling of hours of study and subject material studies.
- Seasonings may be included but should not be poured on in exaggerated quantities. e.g. study in areas unrelated to areas of experience may add flavor but more in general is gained by relation of theory and practice at the same time.

## Prognosis:

- Those showing all symptoms of this disease are usually the ones that survive the longest, although no deaths have as yet been recorded.

# Standing Orders For Dr. Cham

1. Do not call for patient until surgeon has been waiting 25 minutes, at least, and has scrubbed three times.
2. Have I.V. running interstitially and be all set up for a "spinal" so I can start a general anesthetic.
3. Be sure to reassure the patient that even though it is her first operation there is nothing to worry about since it is Dr. Cham's first anesthetic and your first scrub.
4. As soon as the patient is asleep call Dr. Minik to have someone come and relieve Dr. Cham for coffee.
5. When surgeon seems to be pleased with everything—especially the anesthetic—innocently ask Dr. Cham why he told the patient to get a better surgeon next time.
6. During any critical moment—such as intubation, recession, shock, or cardiac arrest. . . be sure you are NOT available—out of the room preferably—and on your return complain bitterly about service in the coffee lounge.
7. Insist the anethetist wear three masks during T and A's—but allow him to cough openly into craniotomies and disc fusions.
8. On a small slate—when everyone is dying to get off early and go golfing. . . don't send for the patient until you are all set up, and then scrub the wrong foot for 20 minutes.
9. Disregard all above orders and just be yourself—and who knows—you may wind up as a trained nurse—doing tricks.



Fetal heart sounds—oh yea.



The technique of gloving.



8A!



Congratulations



What do I do now?



Room Check To-day!



Fisher River.

## Remember When..

... *Michelle Ruta* got dead rose stems on April Fool's Day?  
 ... 12:30 A.M., a moment of great panic, when a man was found in *Claudette DePape's* closet.  
 ... *Jackie Laplante* developed "labour pains" from Dulcolax?  
 ... *Fran Bauer* admitted a doctor to O.P.D.?  
 ... *Bonnie Ross* rode up to the eighth floor on Dr. Lambie's toes?  
 ... *Marilyn Chisholm* caught her heel in Dr. Theodore's pant cuff and literally fell for him?  
 ... *Irene Sitter* got a call from Mr. Sherritt about the Flin Flon Reunion?  
 ... *Carol Fould* did "preps" with her O.R. boots on?  
 ... *Bernice Foster* went into the Orthopedic Room without her masks on?  
 ... *Claudette DePape's* fly split at the Interns' Baseball Game?

Patient: "May I have a glass of water, nurse?"  
 Nurse: "Are you thirsty?"  
 Patient: "No. I just want to see if my neck leaks."

Husband consoling wife at daughter's wedding. "Don't think of it as losing a daughter, think of it as gaining a bathroom."

The spinal column is a collection of bones running up and down your back to keep you from being legs clean up to your neck.

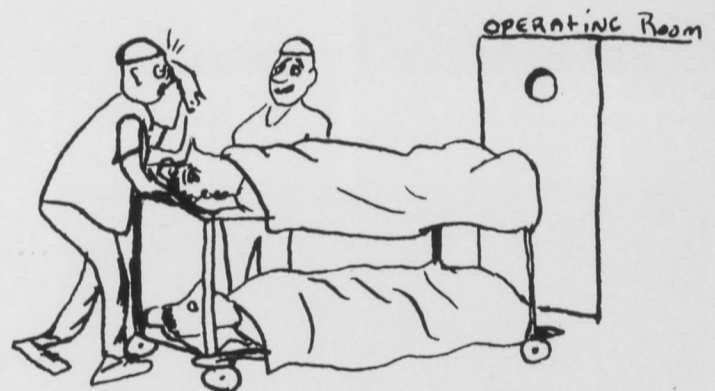
Doctor: "Has Mrs. Brown had any hallucinations lately?"

Probie: "Well, Doctor; I'm sure if you've ordered them, she's had them regularly."

## Can You Imagine

—a quiet evening on 2 "new" with *Amelia Beyko*?  
 —*Linda Phillips'* room without fish and plants?  
 —*Jeannine Guyon* without the Air Force?  
 —*Betty Higgs* forcing fluids?  
 —*Gayle Burns* spending her "off" hours awake?  
 —*Marie Johanneck* not answering everyone else's buzzer?  
 —"Big" *Soluk* without "Little" *Soluk*?  
 —*Judy Coquyt* missing a household sale?  
 —*Dianne Sherritt* with a good memory?  
 —*Bev Thompson* weighing 150 lbs.?

"Henceforth," explained the doctor, "we will use the following procedure: Place an anatomy chart on the wall and put pins in to correspond with any physical defects in the body of the patient. Then take the chart, remove the pins, roll it up, and play it on a player-piano. If it plays, 'Nearer my God to Thee,' don't operate."



"Whew — busy, busy!"



Another Saturday night in res.



Shoe Shiners turn Pool Shark.



Bridge, anyone?



"Big Sisters" treat "Little Sisters" after Blue and Gold.



The Great Imitators.



Can you find Fred Flintstone?



Class of '65 go bowling.



The yearbook committee would like to take this opportunity to thank our advertisers. Please patronize them as their generosity has helped to make this yearbook possible.

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from

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Alumnae Association

President .. Sr. A. Fleury C.N.M.

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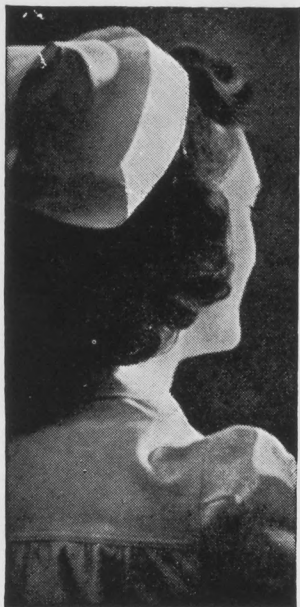
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